

# BUY FRESH BUY LOCAL

FRESH FOODS FROM LOCAL FAMILY FARMS

## CULPEPER, FAUQUIER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

### FARMS

Look for the **CSA** icon!




#### CULPEPER

**A World Away Farm, LLC**   
16080 Newby's Shop Rd  
Elkwood

Katherine Iacovelli  
(240) 626-3488  
info@aworldawayfarm.com

(Call/text/email).  
Some weekend delivery.  
*Free-Range Chicken Eggs, organic vegetables, wwoof host, organic garden plots available, field horse boarding, room for other animals.*

**AnteSEEDent**   
Barry Bader  
info@anteseedent.com

Sells at Culpeper Farmers Market  
*Seasonal Heirloom Vegetables, Hardneck Garlic, Seedlings in Spring*

**Bees & Trees Farm, LLC**   
18028 Carrico Mills Road  
Elkwood, VA  
Teresa & Jeff Gregson  
(540) 423-9020  
Info@BeesAndTrees.biz  
www.BeesAndTrees.biz

Sells on-site (open all year—  
Wednesday's-Sundays 10 AM-4 PM)  
*Organically fed, free-range brown Chicken eggs, Angus beef (raised right there on the farm), raw honey, fresh-cut flowers, salsas, jams, syrups, homemade baked goods (breads & sweets), farm-made natural lip balms, salves, beeswax candles, soaps. Christmas wreaths, decorations and cut-your-own trees starting the Friday after Thanksgiving.*

**Black Barn Farm**   
18610 Springs Rd  
Jeffersonton  
Andrew Cummings  
(573) 673-0488  
blackbarnfarm1@gmail.com

Sells on site by appt  
*Small family farm raising eggs the old fashioned way*

**Bountiful Acres, LLC**   
14294 Browntown Road  
Culpeper  
(540) 827-4754  
Aruna.ratnavibhushana@gmail.com  
Sells onsite (call first)  
*Free-Range Eggs*

**Cibola Farms**   
10075 Stone Bridge Road  
Culpeper  
Rob Ferguson & Mike Sipes  
(540) 212-9455  
farm@cibolafarms.com  
www.cibolafarms.com

Sells on-site (daily 9 AM-5 PM),  
online, farmers markets  
*Buffalo Meat, Free-Range Pork, Sausages, and Jerky, Dog Food*

**Clover Hill Farm**   
10109 Clover Hill Lane  
Rixeyville  
Christina M Stockton  
(540) 937-5961  
cloverhillfarms@comcast.net

Sells on-site (Daily 9 AM-5 PM),  
Culpeper Farmers Market  
*Eggs, Cut Flowers, Purebred Berkshire Pork*

**Corvallis Farms**   
14303 Chesterfield Lane  
Culpeper  
Terry Osborn  
(540) 718-4830  
terry@corvallisfarms.com  
www.corvallisfarms.com

Sells at Culpeper Farmers Market  
or Call/Email for Special Orders  
*Specialty Greens (spinach, lettuce and over 30 varieties of mesclun greens), Heirloom Tomatoes, Strawberries, Raspberries, Blueberries, Blackberries, Fresh Cut Flowers, Homemade Jams*



Photo by Marco Sanchez

### WHAT IS A CSA?

When you join a CSA, you make a financial commitment to a farm (usually before the growing season begins) and receive a weekly basket of farm products.

**Croftburn Farm Angus**   
Culpeper  
Meg Campbell  
(540) 829-6667  
croftburnfarm@gmail.com  
www.croftburnfarm.com


Sells by phone and email  
*All Natural, dry aged beef: Custom cut. Wholes/halves. Grass-finished and/or Grain-finished available. Lamb. Washable fleeces. Pastured eggs.*

**Full Moon Farm, LLC**   
13632 Major Brown Drive  
Sperryville  
Michael & Susan Frank  
(540) 547-3639  
info@fullmoonfarm.net  
www.fullmoonfarm.net

Sells Leesburg Farmers Market  
(Saturday 8-12), Whole  
Foods Charlottesville  
*A large culinary variety of USDA certified organic, food grade essential oils, herbal extract sprays, dried herbs, spices and blends, and a large variety of certified organic potted plants. Organic food grade Skin Care Products.*

**Hock Newberry Farm**   
13173 Scotts Mill Road  
Culpeper  
Brian and Erica Gore  
(425) 213-2489  
info@hocknewberryfarm.com  
www.hocknewberryfarm.com

Sells at Archwood Green Barns Farmers Market, Arlington Courthouse Market, On-Farm by appointment.  
*Soy-free, organically raised chicken, turkey, and pork. Pastured, soy-free eggs, grass-fed beef, dairy goat herd shares, jams and jellies in season, and more!*

**Hollow Way Farm**   
Richardsville  
Matthew Holloway  
(703) 895-8722  
xpresz1@yahoo.com  
Sells on-site, Mon-Fri 5 PM-7 PM  
*Eggs*

**Honey Brook Farms**   
19030 Bel Pre Road  
Brandy Station  
The Wilkes Team  
(540) 825-8375  
info@honeybrookfarms.com  
www.honeybrookfarms.com

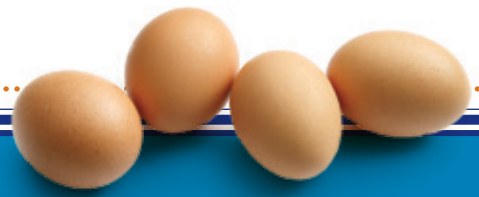
Sells on-site (call ahead), Farmers Markets (Falls Church, Burke, Leesburg Saturday, Alexandria/Del Ray, Mt. Vernon/McCutcheon, Arlington Lubber Run, Stone Ridge Market), You can also pre-order online for our year-round drop offs & home delivery.  
*Beyond organic multi-generational family run farm offering Raw Milk Herd shares from our 100% grass A2/A2 Jersey herd, Seasonal Certified Naturally Grown (CNG) Produce & CSA, RAW honey, 100% Grass Fed/Finished Beef & Lamb, Pasture Raised Chicken, Eggs, Turkey, & Woodland Pork supplemented with feed that is tested & guaranteed to have No GMO's, herbicides, or pesticides. Also Organic Cheese from 100% Grass fed A2/A2 jersey milk, Whole Grain & No-Gluten Baked Goods, Loose Leaf Organic Tea, & Farm-made natural lip balms & salves. See website for complete list & more details!*

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Visit [pecva.org/donate](http://pecva.org/donate)







# FARMS

Cheese & Dairy  
 Specialty Products  
 Meat  
 Produce  
 Poultry/Eggs  
 U-Pick  
 Fruit  
 Community Supported Agriculture

**Lakota Ranch Farm Store**  
 9272 Big Horn Road  
 Remington  
 Jill Engh  
 (540) 718-1139  
 lakotaranchfarmstore@gmail.com  
 lakotaranchfarmstore.com  
 Sells on-site, Wednesday-Friday, 10 AM-5 PM; Saturday-Sunday, 11 AM-5 PM  
*Grass-fed Devon Beef, Pasture-Raised Pork, Home Goods*

**Lavender & Lace at The Bothy Farm**  
 1171 Nelson Lane  
 Amissville  
 Anita & Paul Barry  
 (540) 905-4749  
 LandL.Bothyfarm@comcast.net  
 Bothyfarm.com or Facebook:  
 Lavender and Lace  
 Sells May 4 - July 13, Fridays, Saturdays & Sundays as follows:  
 Saturdays: 7:30 AM - 12 noon at The Culpeper Farmers Market, 1 PM - 5 PM at the Farm Store  
 Fridays & Sundays: 11am - 5 PM Farm Store, or by appointment.  
*Fresh and dried lavender and made-by-hand tatted lace items.*

**Morningside Farm and Nursery**  
 7855 Griffinsburg Road  
 Boston  
 George & Karen Mosebrook  
 (540) 547-3726  
 morningsidefarmandnursery@gmail.com  
 www.morningsidefarmandnursery.com  
 Find us on Facebook  
 Sells on-site, Farmers Markets and at Plant Shows  
*Herbs, Perennials, Annuals, Native Plants, Grasses, Trees and Shrubs*

**Moving Meadows Farm & Bakery**  
 254 E. Davis Street  
 Culpeper  
 Wally and Amy Hudson  
 (540) 317-5862  
 movingmeadowsfarm@gmail.com  
 www.movingmeadowsfarm.com  
*Grass-fed beef & goat, pastured chicken, turkey & fresh eggs from our farm. Flour milled daily for our Whole Grain Breads (Spelt, Rye & Wheat). Cinnamon buns, apple hand pies, brownies, cookies, cakes, pies & muffins all made on site from wholesome ingredients. Farm-to-table lunch (soups & sandwiches) served with Moving Meadows Farm meats, eggs and breads*

**Muddy Run Farm**  
 15744 White Tail Lane  
 Culpeper  
 Peter Schechter & Rosa Puech  
 (540) 937-3504  
 rpuech@yahoo.com  
 Sells on-site  
*Spanish Goats (Breeding and Meat), Llamas, Llama fiber*

**Oak Shade Farm**  
 14455 Waterford Run Lane  
 Rixeyville  
 James Mello  
 (540) 937-5062  
 oakshadefarm@gmail.com  
 www.oakshadefarm.net  
 Sells at Warrenton Farmers Market, CSA  
*Seasonal Organic Vegetables, Honey, Shiitake Mushrooms, Jams, (Cherry, Pear, Strawberry, Jalapeno), Eggs from Pastured Chickens*

**Old Gjerpen Farm**  
 10042 Cedar Spring Lane  
 Culpeper  
 Richard & Donna Larson  
 (540) 829-5683  
 oldgjerpenfarm@yahoo.com  
 www.oldgjerpenfarm.com  
 Call for Details  
*Whole fresh lamb, whole or half grass-fed beef*

**Quartz Hill Farm**  
 3150 Jefferson Woods Lane  
 Amissville  
 Glenn Bell  
 (571) 721-8316  
 quartzhillfarm.va@gmail.com  
 Sell on-site (call for best times), local delivery available  
*Seasonal Produce, Eggs*

**Rohan Farm**  
 10095 Rohan Road  
 Rixeyville  
 Peggy Parris and sons Matt Buell and Rob Parris  
 (540) 937-4999  
 rohanfarm@yahoo.com  
 Sells on-site (strictly by appt. only)  
*Seasonal Produce, Rabbit, Lamb, Goat, Squab, Guineas, Chicken, Turkey, Quail, Chukar, Pheasants, Pickles, Jams, Jellies*

**Saddle Ridge Farm**  
 15338 Saddle Ridge Farm Lane  
 Culpeper  
 Wendy Farrish  
 (703) 789-0647  
 wendy.saddleridge@gmail.com  
 www.saddleridgefarm.net  
 Sells on-site 7-days a week  
*Pasture Raised, Non-GMO Pork, Grass-Fed/Finished Beef*

**Stallard Road Farm & Botanicals**  
 14649 Black Hill Road  
 Rixeyville  
 John & Katherine Adams  
 (540) 937-4181  
 stallardroad@gmail.com  
 stallardroad.wix.com/stallardroadfarm  
 Sell on site (by appt.), Reston Farmers Market Saturdays 8 AM-12 PM & Wakefield Market Wednesdays 2-6 PM  
*Culinary & medicinal herbs: plants, tea blends, vinegars, tonics, salves. Mushrooms, eggs (free-range), grassfed beef, honey. Farm tours & classes by appt.*

**Starstead Farm**  
 14460 Waterford Run Lane  
 Rixeyville  
 Amanda and Stephen Day  
 (703) 909-0959  
 days@starsteadfarm.com  
 www.starsteadfarm.com  
 Sells through CSA, Warrenton Farmers Market and Westover Farmers Market in Arlington.  
*Certified organic vegetables, herbs, seedlings, and shiitake mushrooms, as well as honey and pastured eggs*

**Summer Creek Farm**  
 10152 Cedar Spring Lane  
 Culpeper  
 Karen Evans  
 (540) 718-3791  
 summercreeklamb@gmail.com  
 summercreeklamb.weebly.com  
 CSA, Sells on-site (by appt.)  
*Frozen Lamb Cuts, Whole Freezer Lambs, 25 to 100lb Beef Packages, Eggs, tomatoes and other veggies as well as lettuce and kale. CSA includes beef, lamb, and veggies.*

**Sunshine Acres**  
 15504 Sheads Mountain Road  
 Rixeyville  
 Monica Briggs  
 (540) 937-6346  
 mbriggsandsafarm@gmail.com  
 Sells at Culpeper Downtown Farmer's Market, Saturdays 7:30 AM-12 PM and from the farm, please call first.  
*Pesticide-free Seasonal Vegetables, Mushrooms, Eggs and Farm raised beef available year round*

**Superfoods Farm**  
 11825 Remington Rd  
 Remington, VA 22734  
 Nifen Gaber  
 (540) 497-2329  
 superfoodfarm@yahoo.com  
 www.superfoods farms.com  
 Local Farmers Markets  
*Fruits and Vegetables*

**Sweet Valley Farm Dairy**  
 19017 Fields Mill Road  
 Elkwood  
 AI & Cecilia Schallenger  
 (540) 423-1003  
 SvtVlyFarmDairy@gmail.com  
 www.SweetValleyFarm.com  
 Spotsylvania Farmers Market; Rogers Ford Winery (Sumerduck), Winery at La Grange (Haymarket), 4P Foods CSA (Elkwood), and Red, White, Bleu, and Brew (Locust Grove).  
 Does not sell direct from farm.  
*USDA/VDACS-inspected Grade A Dairy; Hand-crafted Goat Milk products: Cheese, Cajeta, Soap and Lotions using milk from our herd of well-loved Nubian & Saanen/Nubian goats.*

**The Funny Farm**  
 2437 Funny Farm Road  
 Reva  
 Mark & Samantha Pullen  
 (540) 547-3983  
 funnyfarmbb@gmail.com  
 www.thefunnyfarminn.com  
 Sells on-site by appointment  
*Eggs and Laying Hens*

**Wilevinton Farm**  
 11278 Homeland Road  
 Rixeyville  
 Dick & Sharon Williams  
 (540) 937-3447  
 swilliams@vabb.com  
 Sells on-site (open mid Sept-Oct, 9 AM-5 PM) and at Tri-County Farmers Market  
*Assorted Pumpkins and Gourds, Assorted Butters and Jams*

## FAUQUIER

**Angelic Beef Farm**  
 11170 St. Paul's Road  
 Remington  
 Doug Linton  
 (540) 439-2019  
 quarter-mor@vabb.com  
 www.angelicbeef.com  
 Sells at Oakton, Reston, and Gainesville Farmers Markets  
*Hormone and additive free Piedmontese Beef*

**Ayrshire Farm**  
 21846 Trappe Road  
 Upperville  
 (540) 592-7018  
 www.gentleharvest.com  
 info@gentleharvest.com  
 orders@ayrshirefarm.com  
 www.ayrshirefarm.com

Products available year round at Gentle Harvest in Marshall, VA, at Hunter's Head Tavern in Upperville, VA, online, and in many other local restaurants and independent markets.  
*Best known for certified organic, Certified Humane®, Non-GMO, heritage breed meats and poultry, Ayrshire Farm produces chicken and turkey, beef, veal, pork and eggs. Gentle Harvest provides customers with the best of local and sustainable gourmet foods including local beers, wines and ciders, jams & jellies, chocolates, cheeses, produce, meal kits, desserts, diet-restricted foods and unique host and hostess gifts.*

*Wegmans*

*Food You Feel Good About®*

No Antibiotics or Added Hormones

## Wegmans Offers Fresh, Local Ingredients from Family Farms Near Our Stores

Wegmans has a long history of partnering with family farms near our stores. We have an established network of partner farms in Virginia. As an extension of our family, our local farm partners make it possible to provide our customers with the best and freshest local produce.



from family farms  
**NEAR OUR STORES**

**Crown Orchard** Supplying sweet peaches & nectarines to Wegmans since 2008  
 Batesville, VA

Just one of over 170 family farms we're proud to feature.






## FARMS

**Berry Simple Farm, LLC**   
 7992 Tackett Lane  
 Bealeton  
 Rick Crofford  
 (540) 718-2679  
 rick.crofford@aol.com  
 Sells April through December  
 on the farm by appointment  
*Asparagus, U-pick Blueberries, Fingerling Potatoes, Baby Ginger, Jerusalem Artichokes and other seasonal vegetables*

**Blue Ridge Beef**   
 1716 Blue Ridge Farm Road  
 Upperville  
 Michael Barreda & Leslie Grayson  
 Cells: (540) 878-9931  
 and (703) 850-3924  
 blue.ridge4@gmail.com  
 Sells On-Site  
*Grass-Fed Beef Sold by the 1/2 or the 1/4 (Cuts Individually Frozen & Wrapped in Cryovac)*

**Buena Vista Agriculture**   
 4262 Lee Hwy.  
 Warrenton, VA 20187  
 Doug & Christine Smith  
 (540) 270-9303  
 buenavistaagriculture@gmail.com  
 Find us on Facebook  
 Sells on site honor stand  
*Eggs, Seasonal Produce, Strawberries, Turkey*

**Bull Run Mountain Vegetable Farm**   
 4362 Highpoint Lane  
 The Plains  
 Leigh Hauter  
 (703) 754-4005  
 bullrunfarm@novectnet.com  
 www.bullrunfarm.com  
 bullrunfarm.blogspot.com  
 Find us on Facebook  
 Through CSA; Delivery available to pick-up on farm & in Falls Church  
*Seasonal Produce, Fruits, Eggs, Honey*

**The Chapman Farm LLC**   
 5474 Woodside Lane  
 Bealeton  
 Carla Jean Carmona Chapman  
 (540) 439-8766  
 thechapmanfarm@gmail.com  
 Website: TheChapmanFarm.com (coming soon)  
 Facebook: TheChapmanFarm  
 Sells by appointment here at the farm in Bealeton  
*Grassfed Beef and Grass/Grain fed Beef. Grain is made here on the farm.*

## Promoting Piedmont Agriculture

Five organizations in the Piedmont region are working together to support targeted local food marketing efforts through a USDA Farmers Market Promotion Program grant.

The **Culpeper Downtown Farmers Market** continued to build on the success of the FMPP grant for the 2018 season. New marketing efforts to better inform the public of the Grand Opening Celebration of the market led to one of the most well attended days in the market's decades long history.



Promotional efforts supported special events programming like various customer appreciation days, children's nutritional cooking classes and a National Farmers Market week celebration. Increased advertising of the market through signage, posters, postcards, informative vendor and special event guides, traditional print and social media have been key to maintaining a strong customer base while also reaching new market attendees.

The Market's ability to accept Supplemental Nutrition Assistance Program (SNAP) benefits was promoted throughout all marketing material which resulted in a doubling of SNAP usage during the 2018 market season from the previous year.



**Madison Farmers' Market** is excited about the upcoming year. Some changes in Virginia laws allow more flexibility in what we can sell. We are also looking forward to having some breakfast type items, homemade bone broths and more.

We are opening an online store! [www.localline.ca/madison-fresh-market](http://www.localline.ca/madison-fresh-market)

The website can take pre-orders with Saturday pick ups in Madison or Monday afternoon pick ups in Culpeper. We specialize in bringing you fresh, local food by farmers who know you by name!

The **Piedmont Environmental Council's Buy Fresh Buy Local** program has used the FMPP grant funds to design, print and direct mail the annual Northern Piedmont guide to over 75,000 households in the region. The grant also covered the Farm to Table Showcase in the fall of 2018. This event was an opportunity for local producers to set up tables with their products and meet a wide-range of buyers with the intent of helping develop market connections.



This year, we are excited for the final event of this grant! The **Flavor of the Piedmont** will take place at Lord Fairfax Community College in Warrenton on September 8, 2019. This day starts with a local food buyer-seller event and ends with a local food tasting that is open to the public. Visit [www.pecva.org/events](http://www.pecva.org/events) for more information and tickets!



The **Rappahannock-Rapidan Regional Commission** continues its "Purely Piedmont" marketing campaign to promote the region's locally-grown foods and beverages. Look for their booth at local festivals, billboards proclaiming "Local Tastes Better," and commercials airing on Comcast this summer.

The Purely Piedmont regional label program is entering its second year. Similar to the state's Virginia Grown program, producers who register their products with the program will receive free labels with the Purely Piedmont logo to affix to their products, in addition to digital versions of the logo to incorporate into their own marketing materials.

Keep an eye out for the Purely Piedmont label at local markets, verifying the product was grown in Virginia's Northern Piedmont. Please visit [www.purelypiedmont.com](http://www.purelypiedmont.com) or for more information.

The **'Tween Rivers Trail** has continued to support and expand its efforts in marketing to potential customers, both in- and outside our region, as well as growing the number Trail member locations. Free workshops are offered quarterly on topics designed to support agri-tourism businesses and provide networking opportunities with other Trail members. A quarterly newsletter for the Trail allows the Trail members to learn more about one another as well as any important information and upcoming events or workshops. Trail member interviews continue to allow us to understand how each business functions and the best ways to support Trail members. Since the grant award, the 'Tween Rivers Trail has grown to 85 Trail locations! Please learn more at [www.tweenriverstrail.com](http://www.tweenriverstrail.com).



## FRUIT & VEGETABLE AVAILABILITY CALENDAR

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Asparagus												
Blackberries												
Blueberries												
Broccoli												
Cantaloupe												
Cucumbers												
Grapes												
Green Beans												
Green Peppers												
Greens/Spinach												
Nectarines												
Peaches												
Pumpkins												
Raspberries												
Squash												
Strawberries												
Sweet Corn												
Tomatoes												
Watermelons												

In addition to the standard fruit and vegetables you see on this chart, Northern Piedmont area farmers and farmers markets offer an even broader variety of produce to pick from. Explore your farmers' websites and other online sites to find recipes that might appeal to your family.

# FARMS



## Cobbler View Farm, LLC

10012 Cobbler View Drive  
Delaplane

Jane Eickhoff  
(540) 364-9596  
jane@cobblerviewfarm.com  
Find us on Facebook

Sells at Middleburg Farmers Market (Saturday mornings), at the exit 40 Market in Haymarket (Thursday afternoons), and offers 16 week CSA Seasonal Produce, Blueberry, Peach and Pear Jams, Pickles, Hops and hop flavored candy, popcorn and popcorn treats

## Cows-N-Corn

5225 Catlett Road  
Midland

Jeff & Patty Leonard  
(540) 522-0689  
patty@cows-n-corn.com  
www.cows-n-corn.com

Sells on-site, U-pick (check website for hours)

*Cheese, Ice Cream, Pumpkins, Event Hosting, Corn Maze*

## Evans-Wells Farm

3819 Landmark Road  
The Plains

Dr. Anthony Wells  
(540) 336-1181  
drarwells1@aol.com

U-Pick On-Site, June - September  
*Multiple Varieties of Tomatoes*

## Fern Hill Apiary

5382 Free State Road  
Marshall

Michael & Donielle Rininger  
(540) 270-8537  
fernhillapiary@gmail.com  
www.fernhillapiary.com  
Find us on Facebook

Sells directly by phone, email, & FB messenger. Visits by appointment only.  
*Honey, Beeswax Candles*

## Golden Valley Farm

P.O. Box 3116  
Warrenton

(434) 983-1209  
info@goldenvalleymilk.com  
www.goldenvalleymilk.com

Delivery Locations in Gainesville, Reston, Manassas, Warrenton, Ashburn, Vienna, Occoquan, Charlottesville, Culpeper and Fredericksburg, Stafford, Gordonsville, Scottsville. New delivery locations added by request.

*Milk-fed pork by the half, whole or cuts—sausage available, dairy bull calves for beef or 4H. Raw Milk Herdshares from 100% registered Guernsey cows tested positive for the A2 protein.*

## Green Truck Farm

3015 Hartland Lane  
Markham

Brian Green  
(540) 316-7715  
www.greentruckfarms.com  
Find us on Facebook

Sells on-site PYO, 9 AM-5 PM, Call before coming

*Strawberries, Blueberries, Black & Red Raspberries, Blackberries, Tomatoes, Pumpkins/Winter Squash*

## The Green Thumb—Days Hill Farm

14694 Days Hill Lane  
Sumerduck

Debbie Day  
(540) 439-8316  
Larrydebbie@aol.com

Sells at Saturday Stafford and Spotsylvania Farmers Markets

*Seasonal Vegetables, Herbs, Vegetable Plants, Eggs, Flowers, Shrubs, Pork products, fresh and frozen Chicken, and Lamb*

## Happy Family Ranch, Inc

12057 Elk Run Church Rd  
Midland

Roberto Melendez  
(703) 801-5837  
happyfamilyranchinc@gmail.com  
www.happyfamilyranch.net

Direct on farm sales and at local farmers markets throughout the area. Check out our Farm to Table Food Truck

*Angus and Wagyu Beef and pork raised on our farm. Salamis, cured steaks, smoked sausages and plenty more to offer!*

## Hartland Farm

Markham

Hank Green  
(540) 532-0436  
hartlandfarm@gmail.com  
www.hartlandfarmandorchard.com

Sells On-Site at entrance to Hartland Orchard, 3205 Hartland Lane, Markham, VA 22643  
*Sweet corn, tomatoes, tumpkin, honey, jams, jellies, salsas and other products in season, including Christmas trees*

## Hidden Creek Farm LLC

2591 Triplett Turn  
Delaplane

Andrea Young  
(301) 580-9119  
info@hiddencreekfarmllc.com  
www.hiddencreekfarmllc.com

Sells through Farm Store, Farmer's Market (McLean, Herndon, Middleburg), Buyers Clubs, various local specialty shops

*Eggs, Pork, Turkeys (seasonal), Herbs, Bread and Cake Mixes, Pickled and Fermented Foods (sauerkraut, kimchee, krautchee), Jams and Preserves. Lamb, potted plants, honey bee workshops. Hidden Creek Farm practices organic, pasture raised, and grass-fed methods consistent with 'regenerative' farming.*

## Hollin Farms

1408 Snowden Road  
Delaplane

Located next to Sky Meadows State Park

Matt Davenport  
(540) 592-3574  
hollinfarms@gmail.com  
www.hollinfarms.com

Beef sold online; U-Pick May-October, Wed-Sun 9 AM-4 PM

*Seasonal Vegetables, Apricots, Plums, Peaches, Cherries, Strawberries, Apples, Berries, Pumpkins, Beef*

## Kylmar Farm

10803 Crest Hill Rd  
Marshall

Marissa Kunkel  
(540) 556-0083  
kylmarfarm@gmail.com

Contact to purchase  
*Grass-Fed Lamb, Limited Supply*

## Lindera Farms Vinegars

P.O. Box 1002  
Marshall

Daniel Liberson  
(703) 967-1571  
info@linderafarms.com  
www.linderafarms.com  
Find us on Facebook

Sells at The Whole Ox, The Home Farm Store, The Organic Butcher, Glen's Garden Market  
*Mulberry, Elderflower and Honey Vinegars*

## Living Waters Longhorns

8066 Riverside Farm Road  
Marshall

Jim & Danielle Dean  
(540) 364-3473  
Facebook @LivingWatersLonghorns  
dmdean6@yahoo.com  
livingwaters@longhornbeef.net  
www.longhornbeef.net

Sell on-site  
*Beef (Grass-Fed by Request), Chicken, Turkey*

## Martin's Farms Va

P.O. Box 121  
The Plains

Bill & Holly Martin  
(540) 253-5264  
info@martinsangusbeef.com  
www.martinsangusbeef.com

Sells Direct, Farmers Markets, Local Restaurants and Retailers  
*Dry Aged Natural Angus Beef, Lamb*

## Mast Meats

10673 Rogues Road  
Midland

David Mast  
(540) 272-3023  
davidmastuctions@gmail.com

Sells on-site by appointment  
*Hormone-Free, All-Natural, Grass-Fed Beef and Locally-Raised Pork*

## Messick's Farm Market

6025 Catlett Road  
Bealeton

Jimmy Messick  
(540) 439-8900  
manager@messicksfarmmarket.com  
www.messicksfarmmarket.com

Sells on the farm, Mon-Sat 7 AM-7 PM, Sun 10 AM-7 PM, CSA

*Fruits, vegetables, greens, herbs, mushrooms, cheeses, eggs, milk, pork, chicken, beef, lamb, honey, pies, breads, jams, jellies, preserves, spices, pickled vegetables, and frozen custard.*

## Midtrees Farm

8487-8509 Botha Road  
Warrenton

Karen Darschner  
(540) 439-4812

Sells at farmers markets  
*Beef, Lamb, Eggs*

## Mount Airy Farms

P.O. Box 1888  
Middleburg

Christine Miller  
(540) 687-9795  
contact@mountairyfarms.com  
www.mountairyfarms.com

Order online or by phone  
*Certified Organic, Grass-Fed Beef*

## Mt. Airy Farm

7303 Dudie Road  
Marshall

Jody Kinney  
(540) 349-4496  
mtairyfarm@yahoo.com  
www.mtairyfarm.com

Sells on-site (by appt.), online  
*Fine Fleece of Cormo and California Variegated Mutant Wool, Angora and Mohair Hand Dyed Yarns, Natural Colored Yarns, Roving and Raw Fleece, also Lamb and Free Range Eggs. Sheep and lambs for sale when available.*

## Nature's Wellspring, LLC

7398 Iron Bit Dr.  
Warrenton

James and Nichole Brown  
(540) 935-0546  
natureswellspring@gmail.com  
www.natureswellspring.com

Sells online and at markets. Sells directly to customer—contact by phone or email to order and arrange local delivery. Please, no walk-ups.

*Heirloom seeds and seedlings, Potted Herbs/Flowers, Fresh Culinary and Medicinal Herbs and Flowers, Cut Flowers, High Tunnel Seasonal Vegetables. Herb infused Seasoned Salts, Dehydrated veggies and veggie powders.*

## Piedmont Ag

8116 Fox Groves Road  
Remington

Joseph Gray  
(540) 522-3466  
amjet@aol.com

Sells On-Site  
*Free-Range Eggs*

## Piney Meadow Farm

3082 Midland Road  
Midland

Susannah Grove  
(540) 522-9417  
pineymeadowfarm@gmail.com  
pineymeadowfarm.impress.ly

Sells on-site, CSA, farmers markets  
*Seasonal Produce, Goat Cheese, Eggs, Beef, Pork, Chevon, Chickens*

## Pleasant Vale Farm

11032 Pleasant Vale Rd  
Delaplane

Sarah McDonough  
(540) 905-2580  
pleasantvalefarm@gmail.com  
www.pleasantvalefarm.com

All of our products are available direct from the farm. Email us to arrange your order.  
CSA available Fall 2019

*Pasture-raised Berkshire pork, pasture raised eggs, turkeys, and grass-fed beef*

## Powers Farm & Brewery

9269 Redemption Way

Midland  
Melody Powers  
(540) 272-5060  
powersfarmbrewery@gmail.com  
www.powersfarmbrewery.com

Produce, Flower, & Beer CSA—pick up from farm on Mondays, Thursdays, Fridays 3 PM to 8 PM;

*Extras also available; Diverse Farm Vegetables, Fruit, Culinary and Medicinal Herbs, Cut Flowers, Hops & Beer*

## Quailwood Farm

12102 Leeds Chapel Lane  
Markham

Jessica Swan  
(540) 220-2283  
contact@quailwoodfarm

Contact for sales by appointment  
*USDA Certified Grass-Fed Beef*

## Rock Run Creek Farm

3618 Rock Run Road  
Fauquier

Francis & Carol Ngho  
(703) 628-8447  
fengoh2010@gmail.com

CSA, restaurants, Whole Foods and other retailers  
*Eggs, Herbs, Shiitake & Oyster Mushrooms, Fingerling Potatoes, leeks, okra, brassicas, microgreens, garlic, sheep & goats, garlic chives, and other Seasonal Produce*

## Salsa Las Glorias

The Plains

Lily Castano  
(540) 222-1952  
salsalaslglorias@gmail.com  
Facebook: Salsa Las Glorias

Sells at farmers markets  
*Various Salsas (Hot, Medium, Mild, Green Tomatillo, Pico de Gallo, Habanero)*

## Seven Oaks Lavender Farm

8769 Old Dumfries Road  
Catlett

Deborah Williamson  
(540) 272-7839  
deborah@sevenoakslavenderfarm.com  
www.sevenoakslavenderfarm.com  
Facebook @sevenoakslavender

Lavender Season: Early June to early July

Festival Dates: End of June

Sells products on site during season

Outside of season many products available at Messick's Farm Market in Bealeton, VA

*Fresh and dried lavender flowers. Culinary lavender, teas, jams, honey, sachets, soap and more. Retail and wholesale.*

## Sharkawi Farm

6068 Old Bust Head Rd  
Broad Run 20137

Sabry Alsharkawi  
(540) 272-4962  
sabry.alsharkawi@gmail.com

Sells at Warrenton, Dale City, Mount Vernon, McLean, and Annandale Farmers Markets  
*Dried Herbs, Seasoning Mixes, Herbal Teas, Potted Herbs, Flowering Plants, Greenhouse Tomatoes and Cucumbers, Strawberry Baskets, Dried Culinary, and Potpourri Lavender*

# Blueberry Crisp



Photo by Jim Clark

### INGREDIENTS FOR THE FILLING

- 2 to 2 1/4 pounds fresh blueberries, rinsed & well-drained
- 2 Tbsp lemon juice freshly squeezed
- 1 tsp lemon zest of 1 lemon
- 3 Tbsp all-purpose flour
- 1/4 cup granulated sugar
- 1 tsp ground cinnamon

### FOR THE CRUMBLE TOPPING

- 1 cup all-purpose flour
- 1/4 cup granulated sugar
- 1/3 cup brown sugar packed
- 1/8 tsp generous pinch of salt
- 8 Tbsp 1 stick cold, unsalted butter, diced
- 1/2 cup quick-cooking oats
- 1 cup sliced almonds divided

### DIRECTIONS

Toss blueberries with 2 Tbsp lemon juice and 1 tsp lemon zest and set aside.

Whisk together 1/4 cup sugar, 3 Tbsp flour and 1 tsp ground cinnamon and toss with the blueberries just until evenly coated. Pour into a 9 x 13-inch baking dish.

Combine and mix 1 cup flour, 1/4 cup granulated sugar, 1/3 cup brown sugar, and 1/8 tsp of salt.

Add the diced cold butter and smooch with your fingers until the butter is the size of peas.

Add 1/2 cup oatmeal and use your hands to make large crumbles.

Add 1/2 cup of the sliced almonds and mix to combine.

Spread the topping over the fruit and cover evenly, then sprinkle 1/2 cup of almonds over the top. Bake 40 minutes at 350 °F. Let sit for at least 15 minutes before serving with a scoop of Moo Thru vanilla ice cream!



## FARMS

### Sky Meadows State Park

11012 Edmonds Lane  
Delaplane, VA 20144  
(540) 592-3556  
skymeadows@dcr.virginia.gov  
www.virginiastateparks.gov

"Preserving and promoting our agricultural heritage"

Sells at the Park Visitor Center/Gift Shop Monday - Friday 11 AM-5 PM, Saturday & Sunday 10 AM-5 PM

*The historic vegetable garden at Sky Meadows is cultivated and tended by volunteers. Proceeds from the garden benefit the Friends of Sky Meadows. Local and park apiary honey and locally milled cornmeal and grains available in the gift shop. Jack o'lantern pumpkins and winter cooking squash for sale from the end of September through October and into November. Pick-your-own pumpkin patch open during Fall Farm Days on October weekends.*

### Small Little Farm

Caryl E. Buck  
8894 Meetze Rd.  
Warrenton  
(540) 341-4266  
SmallLittleFarm@gmail.com  
piedmonthheritagepoultry.com

Livestock sales are sold from the farm for on farm pick up. Produce is delivered to the restaurant.

*Custom grown non-commercial variety produce for local chefs. Registered, purebred White Dorper breeding stock specializing in terminal sires. Heritage breed poultry chicks: Bourbon Red and Standard Bronze turkeys, Swedish ducklings, and American Buff and Sebastopol goslings.*

### Smith Family Farm

5770 Artemus Road  
Gainesville  
Leigh Smith  
(571) 220-0017  
beefandhayproducer@gmail.com

Sells on-farm (Sat 9 AM-4 PM, call ahead), farmers markets throughout the metro Washington, DC area, home delivery (details online)

*Grass-fed Angus beef, pastured poultry, lamb, turkey, and pork, free-range eggs. Completely free of antibiotics, growth hormones, steroids, fertilizers, and pesticide*

### Sunridge Farm

Upperville  
Christina Mangano Mackenzie  
(540) 454-7085  
christina.mangano@gmail.com  
www.sunridgefarm.com

Sells to individuals & restaurants, please contact us to set up drop off/pick up of foods.

*Grass-fed Wagyu Beef*

### Sweet Blessings, LLC

9648 South Pines Rd  
Warrenton  
Charles and Gina Phelps  
(301) 536-7900  
charlie@sweetblessings.com  
www.sweetblessings.com

Sells On-site, Online

### Thistle Hill Farm

12345 Crest Hill Road  
Hume  
David Schoumacher  
(540) 364-2090  
www.thistlehill.net  
Find us on Facebook

Sells on-site by appt  
*Grass-fed Devon Beef by Side, Quarter, and 15lb Variety Packs, Tamworth Pork by Whole, Sides, and 10lb Variety Packs.*

### Valley View Farm

1562 Leeds Manor Road  
Delaplane  
Philip Carter Strother  
info@valleyviewva.com  
www.valleyviewva.com

Sells on-site when seasonably available

*Farm, Retail, Specialty Beverage, Value-Added Products, Wine, Hard Cider, Peaches, Apples, Blackberries, Raspberries, Blueberries, Cherries, Cured Meats, Cheeses, Jams, Jellies, Preserves, Honey, Flowers, Seasonal Vegetables, Compost, and Eggs*

### Virginia Lowline Cattle Company, LLC

Jeff Rash  
(540) 422-2009

Sells Years Round. On-farm sales. Dupont Circle Farmers Market

*All Natural, Grass-Fed Beef (Quarters, Halves, Entire Cow, Retail and Individual Cuts)*

### Walnut Hill Farm at Elm Spring LLC

P. O. Box 1  
Sumerduck  
Jeff Adams  
(540) 809-4271  
jvadams@verizon.net  
www.walnuthillfarmva.com

Sells on-site (Sat & Sun 2-5 PM), Warrenton Saturday, Dale City, Stafford, Manassas and Fredericksburg Farmers Markets

*Grass-Fed Beef, Lamb & Pork; Free-Range Chicken, Duck, Goose & Heritage Turkey; Eggs; Custom Poultry Processing*

### Western View Farm

2028 Laws Ford Road  
Catlett  
Lewis & Martha Bender  
(540) 788-9663

Sells On-Site, Call Ahead

*Cow Shares for Raw Milk, Seasonal Vegetables, Chicken, Eggs, Meat and Pet Rabbits, Straw*

### Whiffletree Farm

8717 Springs Road  
Warrenton  
Jesse and Liz Straight  
(540) 229-5192  
info@whiffletreefarmva.com  
www.whiffletreefarmva.com

Our Farm Store is open Monday-Friday 11 AM-5 PM, Saturday 1 PM-5 PM. We also have delivery drop points from the DC area to central Virginia — please check website for details and ordering.

*Chicken, Turkey, Eggs, Pork and Beef; All raised on fresh pasture, non-GMO feeds, no antibiotics or chemicals, and our beef is 100% Grass-fed! On-Site Farm Store: We also sell our friends' grassfed lamb, organic veggies, fermented kombucha and kraut, organic baked goods, wild salmon, Laconiko olive oil, raw honey, teas, balms, firecider, elderberry syrup, fermented cod liver oil, and soap from our pigs' lard!*

### Whispering Woods Farm

1498 Aquia Road  
Midland  
Dwane or Pat  
(540) 788-4767  
(703) 403-2775 - Dwane Cell  
whisperingwoodsgrown@gmail.com  
Find us on Facebook

Sells on site by appt  
*Blueberries, Shiitake Mushrooms, Baby Ginger, Hydro Lettuce*

### Wild Winds Farm

Marshall  
Peter Carp  
(540) 422-9188  
peter@wildwindsfarm.com  
Sells on-site by appt  
*100% organic fed, GMO free pasture raised chickens, no hormone, no antibiotic Red Devon beef*



Photo by Beth Miller-Herholtz

# Happy Family Ranch

by Beth Miller-Herholtz

Southern Fauquier County is known for its farms, and you'll find one of the finest at the end of Elk Run Church Road in Midland, Virginia. It's called the Happy Family Ranch, owned and operated by Roberto Melendez and his family. Not only are they dedicated to producing fine meats, including grass-fed beef and pork, but they are also dedicated to educating others about what it means to bring the farm to the table.

Established in 2013 initially as a land investment, it became a working ranch when the couple of goats Roberto bought for his parents quickly expanded to include potbelly, Mangalitsa, & Heritage Yorkshire hogs, 80 prized Wagyu cattle, & a variety of fowl. I sat down with Roberto in early March to learn more about their vision for farm to table meats and their experience as first time farmers.

"I drew a lot of inspiration from others in the county and from my own heritage. Respect for the animal is a top priority, and we work hard to make sure they are fed and cared for with dignity. We've collaborated with the local Co-Op, the USDA,

and now PEC. Thanks to a grant from the Environmental Quality Incentives Program (EQIP), we'll be expanding and improving our infrastructure. Producing award-winning meats requires clean water sources, non-GMO food sources, and room to roam."

You'll also find the Happy Family Ranch food truck making its rounds at local breweries, farmers markets, and other events. While I was at the Ranch, I sampled the street taco and hamburger—from farm to fork is a delicious experience! I finished up my tour in the retail shop, which is clean and ready to welcome visitors. Soon, there will be an outside gathering area where you might take some time to appreciate both the view and the animals. "Farming never stops. It teaches me something new every day," said Roberto. "I love how it brings people together."

Visits are encouraged, so drop by the Ranch at 12507 Elk Run Church Road, Midland, VA and select your meats in the retail shop. Find them also at the Manassas and Warrenton Farmers Markets. Visit them online at [www.happyfamilyranch.net](http://www.happyfamilyranch.net), or follow them on Facebook.

### Willowyn Farms Produce LLC

9781 Willowyn Lane  
Catlett  
Matt Eustace  
(571) 436-7954  
matt@willowynfarms.com  
www.willowynfarms.com

Sells on-site (Mon-Sat, 9 AM-5 PM)

*Seasonal Produce, Strawberries, Blackberries, CSA, seasonal vegetables, PYO strawberries and pumpkins*

### Won Shan Mushroom Co

11305 Elk Run Rd  
Catlett  
Paul Weon  
(571) 970-8800  
wonshanmushroom@gmail.com

Sells direct to consumer, distributors, restaurants and retailers

*Fresh Oyster and Shiitake Mushrooms year round*

### Zeeba Farm

6273 Deborah Dr  
Warrenton  
Sonny & Janelle Rostami  
(703) 470-9940  
zeebafarm@gmail.com  
Instagram: Zeebafarm

Sales on site by appointment. Follow us on Instagram for info on our location at Farmers Markets.

*Pasture raised, antibiotic free beef. Offered as whole, half, or individual cuts.*

## MADISON

### 5 Rider's Farm

3849 Twymans Mill Road  
Orange  
Kristin Rider  
(540) 672-7479  
5ridersmadison@gmail.com  
Facebook @5Riders

Sells on-site Mon-Sat, Sunday afternoons, CSA, Bring the kids to see live animals!

*Seasonal Produce (tomatoes, sweet corn), Chicken and Duck Eggs, Dressed Rabbit, Baked Goods*

### 7 Acres Farm

1832 N Seminole Trl  
Madison  
Brian Walls  
(540) 445-1020  
farming7acres@gmail.com  
7-acres-farm.business.site

Sells at the farm by appt only and Manassas farmers market Saturdays, 8 AM-1 PM

*Chicken meat and eggs; Duck meat and eggs*

### Bordeaux Farms

Madison  
Jacob Dudek  
(540) 718-8680  
bordeauxfarms07@gmail.com  
www.bordeauxfarms.com

Sells on site  
*Natural Raised Beef, Pastures Pork, Eggs, Honey, Goats Milk Soap*

### Carmel Acres Farm

P.O. Box 1217  
Madison  
Gregg & Jane Klopp  
(540) 543-2508  
greggandjaneatcarmelacres@gmail.com

Sells on-site by appt, Madison and Charlottesville Farmers Markets  
*Free-Range Chicken, Turkey, Duck, Woodland Pork*

### Gardens of Khmet

2246 Lindsay Lane  
Madison  
Khalil Hassan  
(540) 923-5121  
thegardensofkhmet@gmail.com  
Find us on Facebook

Sells On-Site by Appt., at Pen Druid Farmers Market in Sperryville VA  
*Seasonal Vegetables, Herbs, Wineberries, Raspberries, Amaranth*

### God's Whisper Farm

4975 Orange Rd.  
Radiant  
Andi Cumbo-Floyd  
(443) 693-2619  
godswisperfarm@gmail.com  
www.godswisperfarm.com

Sells at Farm Stand, Monday-Saturday 8 AM-5 PM  
*Seasonal vegetables, Berries, Free-Range Hormone-Free Eggs*





NEWS FROM PEC

# Let There Be Fruits & Veggies

By Paula Combs

**F**ood brings people together. But healthy food is sometimes hard to come by. Despite Loudoun County's reputation as a wealthy community, a surprising number of children in the county live in households with limited access to healthy food. The consequences can be stark for these children, as their development, ability to learn and overall health is directly related to the quality of their diet.

The Piedmont Environmental Council's Community Farm at Roundabout Meadows was founded with two ideas in mind: to connect residents to Loudoun's vital agricultural economy and to provide locally grown fruits and vegetables for its food-insecure families.

Now, it is time for those ideas to blossom, or rather...to be planted.

Starting this spring, the northwest corner of Roundabout Meadows will be the hub of activity. We have eight acres surrounded with deer fencing, and on approximately two of those acres, PEC's community farm manager, Dana Melby, will work with volunteers to begin planting broccoli, cabbage, cauliflower, potatoes, radishes, beets,

turnips and collards, from mid-March to the beginning of April. Then, after the last frost, crops such as tomatoes, peppers, tomatillos, green beans, summer squash, watermelon and cantaloupe will be added.

"We will also be implementing cover crops to help improve our soil quality and increase the soil's nutrition," Dana explains. "Cover crops improve soil health, as well as attract pollinators and beneficial insects. They also help reclaim land that was previously fallow, allowing it to go back into production."

The fruit and vegetable crops at the Community Farm were selected with the help of our partner, Loudoun Hunger Relief (LHR), who identified the needs of the local community.

Feeding America reports that approximately 13,390 Loudoun County residents live in food-insecure households, defined by a chronic lack of access to sufficient nutritious food, in 2018. LHR serves many individuals and families in



PEC's new Community Farm manager, Dana Melby, is preparing for Roundabout Meadow's first growing season. Photo by Marco Sanchez

need, including over 1,000 families living without permanent shelter in the county. Nearly half of the people LHR helps are children who lack sufficient, nutritious food. To date, over one million meals have been distributed through the organization!

To address food insecurity and combat high rates of child obesity, diabetes and hypertension, local anti-hunger efforts are increasingly focusing on providing more produce. PEC plans to donate 100 percent of the Community Farm's fruits and vegetables to LHR and other food pantries in the county.

"Loudoun Hunger Relief is thrilled to be partnering with the Community Farm at Roundabout Meadows. Produce is so important to good health and farm fresh produce is even better. We're excited to provide locally grown, fresh produce to our neighbors in need," says Jennifer Montgomery, Executive Director of Loudoun Hunger Relief.

The Community Farm will engage volunteers to help produce local food, which will have a meaningful impact on healthy food access in Loudoun. The long-term goal is to scale up production and volunteer programming over the next 5 years.

"I'm so excited for all that is to come this growing season," says Dana. "With the tremendous help of our volunteers, we will be able to deliver fresh food to those who need it most."

## Are You Interested in Volunteering at PEC's Community Farm at Roundabout Meadows?

Help us with planting and harvesting healthy food for Loudoun residents in need! Previous experience is welcomed but not required, as on-site training will be provided. Be prepared to work outside in variable weather conditions, get your hands dirty while doing a good deed, and learn about your local agriculture community. All ages are welcome, but children must be accompanied by an adult at all times. Check the calendar on our website for upcoming volunteer opportunities and events. If you are interested in volunteering, contact PEC's Community Farm manager, Dana Melby, at [dmelby@pecva.org](mailto:dmelby@pecva.org) or (540) 347-2334 ext. 7068, or visit [pecva.org/farm](http://pecva.org/farm).



Photo by David Anhold

## THIS GUIDE IS A PUBLICATION OF THE Piedmont Environmental Council

**T**he Piedmont Environmental Council works with citizens to keep Virginia's Piedmont a wonderful place—by protecting beautiful and historic landscapes, building great communities, promoting local farms and food, restoring natural resources, and connecting people with nature.

We are pleased to have helped citizens protect nearly 409,000 acres in our nine-county region with voluntary conservation easements—one of the most dramatic private land conservation success stories in America.

Check out our website if you want to:

- ▶ learn about local and sustainable farming
- ▶ protect land
- ▶ build wildlife habitat where you live—from butterfly gardens to vast preserves
- ▶ make your home more energy efficient
- ▶ browse community events that can help you live more sustainably—or just get outdoors
- ▶ get involved in the issues shaping your local community

PEC is a non-profit grassroots organization supported by people who care about the Piedmont. Your continuing support make this guide and programs to support our local farmers possible. Join today to show your support of local farms and food in an around our region.

Become a member:  
[www.pecva.org](http://www.pecva.org)

Find us on Instagram:  
[@piedmontenviron](https://www.instagram.com/piedmontenviron)

Find us on Facebook:  
[facebook.com/pecva](https://www.facebook.com/pecva)





NEWS FROM PEC

# Piedmont Beef Study

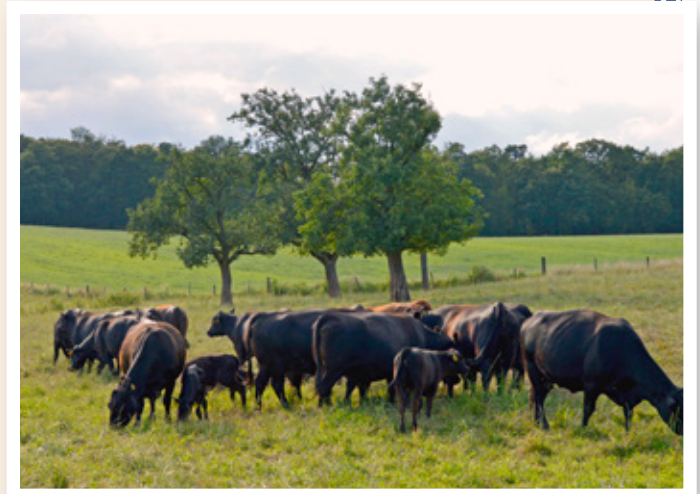
By Kristen Markley with Health Care Without Harm  
and Jessica Palmer with Piedmont Environmental Council

Over the course of 2019, Health Care Without Harm and The Piedmont Environmental Council will be working together on a project to assess market access for sustainably produced Virginia Piedmont beef.

To get started, Health Care Without Harm will conduct an assessment of the institutional demand for the product. The assessment will focus on the collection of information from hospitals, colleges, and universities in Maryland, Washington D.C., Virginia, and West Virginia.

Meanwhile, PEC will conduct a supply-side assessment to provide an in-depth look at current and potential beef-sector production and gauge farmer capacity for expansion and interest in selling to a captive wholesale market. The study will span the area from around Charlottesville to Loudoun County.

When paired together, the projects will highlight possibilities for institutional purchasing programs and possibly provide a pathway to expand and support Piedmont beef sector businesses. If you are a beef producer in the Piedmont region, please consider taking PEC's survey: [www.pecva.org/beef](http://www.pecva.org/beef).



## Buy Fresh Buy Local and Making Connections

Since 2006, PEC's *Buy Fresh Buy Local* chapters have provided free marketing opportunities for local farmers through our annual guides and have connected multitudes of families to the fresh, local products grown and raised in the Piedmont. In 2018, PEC staff conducted interviews and focus groups with our *Buy Fresh Buy Local* partners and released local food producer and community surveys to identify barriers within the Piedmont's local food system. These surveys help inform how PEC's programming can tackle those barriers and create opportunities to strengthen local agriculture around the region

In the spring of 2019, PEC will launch the refreshed [BuyLocalVirginia.org](http://BuyLocalVirginia.org) website that will provide a much needed online presence for our chapter partners.

To enhance this online hub for local food information, PEC is excited to announce our partnership with Virginia Tech and MarketMaker. MarketMaker is nationwide and centers around a virtual information-sharing platform that brings fresh and local food to consumers. PEC's well known and growing *Buy Fresh Buy Local* chapters bring an already established network of local food producers, while MarketMaker provides online market connections that will strengthen local food market purchasing.

Visit [BuyLocalVirginia.org](http://BuyLocalVirginia.org)!



## PATH FOUNDATION



In line with *Buy Fresh, Buy Local*'s initiatives to connect consumers with healthy, local products, the **PATH Foundation** is proud to fund *Commit to Be Fit* and *Fauquier Reaches for Excellence in School Health*—two programs that enhance nutrition, physical activity and overall health in Fauquier and Rappahannock public schools. Both programs are tailored to the needs of their students and communities.

### FRESH

*Fauquier Reaches for Excellence in School Health*, otherwise known as *FRESH*, is an innovative program bringing a culture of health and wellness to Fauquier County Public Schools. *FRESH* engages 20 schools in a wide variety of initiatives, such as increasing physical activity in classrooms, providing new recipes and training to cafeteria workers, and creating after-school clubs that focus on fitness, nutrition and wellness. With over 2,600 student participants, and their sights set on increasing the program's scope and outreach, *FRESH* continues to support and promote health in Fauquier County.

### Commit to Be Fit

*Commit to Be Fit* is focused on improving health and wellness in Rappahannock County through community engagement and school initiatives. In two years, the program has offered more than 450 community workshops on topics like eating healthy on a budget and injury prevention, as well as one-on-one health coaching. In Rappahannock County Public Schools, *Commit to Be Fit* has improved nutrition by introducing salad bars, horticulture class produce and other new menu items to school cafeterias. *Commit to Be Fit* remains a pioneering and useful resource for Rappahannock County residents of all ages.

For more information, please visit [www.pathforyou.org](http://www.pathforyou.org)



## Flavor of the Piedmont

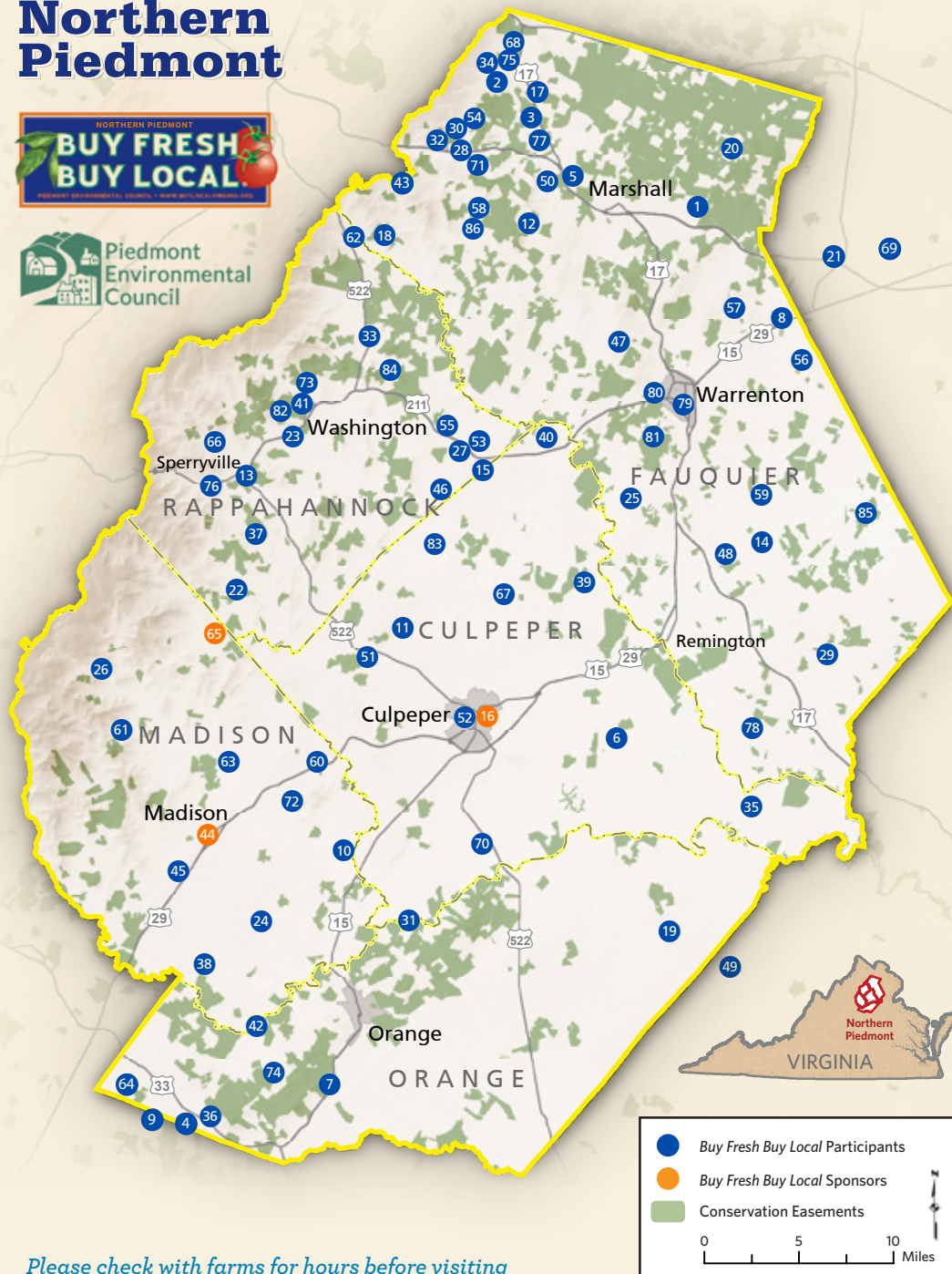
The Barn at Lord Fairfax Community College

September 5th & 8th, 2019 • Warrenton

[www.pecva.com/events](http://www.pecva.com/events)



# Northern Piedmont



Please check with farms for hours before visiting

- 1 Archwood Green Barns
  - 2 Arterra Wines & Hawkmoth Arts
  - 3 Aspen Dale Winery at the Barn
  - 4 Barboursville Vineyards
  - 5 Barrel Oak Winery
  - 6 Bees & Trees Farm, LLC
  - 7 BerryWood at Honah Lee Vineyard
  - 8 Buena Vista Agriculture
  - 9 Burnley Vineyards
  - 10 Castle Gruen Vineyards and Winery
  - 11 Cibola Farms
  - 12 Cobbler Mountain Cellars & Cider
  - 13 Copper Fox Distillery
  - 14 Cows-N-Corn
  - 15 Crowfoot Farm
  - 16 **Culpeper Downtown Farmers Market**
  - 17 Delaplane Cellars
  - 18 Desert Rose Ranch & Winery
  - 19 Eastern Orange Farmers Market
  - 20 Evans-Wells Farm
  - 21 Exit 40 Farmers Market
  - 22 F. T. Valley Farm at Mont Medi
  - 23 Gadino Cellars
  - 24 God's Whisper Farm
  - 25 Granite Heights Winery
  - 26 Graves Mountain Farm
  - 27 Gray Ghost Vineyards
  - 28 Green Truck Farm
  - 29 Happy Family Ranch, Inc
  - 30 Hartland Farm
  - 31 Hartland Natural Farm
  - 32 Hartland Orchard
  - 33 High Places Orchards
  - 34 Hollin Farms
  - 35 Hollow Way Farm
  - 36 Horton Vineyards
  - 37 Jenkins' Orchard
  - 38 Kipps Grapes
  - 39 Lakota Ranch Farm Store
  - 40 Lavender & Lace at The Bothy Farm
  - 41 Lee's Orchard
  - 42 Liberty Mills Farm
  - 43 Linden Vineyards
  - 44 **Madison County Farmers Market**
  - 45 Madison Gardens
  - 46 Magnolia Vineyards and Winery
  - 47 Mediterranean Cellars
  - 48 Messicks Farm Market
  - 49 Miller Farms Market
  - 50 Miracle Valley Vineyard
  - 51 Morningside Farm and Nursery
  - 52 Moving Meadows Farm
  - 53 Muskrat Haven Farm
  - 54 Naked Mountain Vineyard and Winery
  - 55 Narmada Winery
  - 56 Old Bust Head Brewing Company
  - 57 Pearmund Cellars
  - 58 Philip Carter Winery
  - 59 Powers Farm & Brewery
  - 60 Prince Michel Vineyards and Winery
  - 61 Quaker Run Orchard
  - 62 Rappahannock Cellars
  - 63 Revalation Winery
  - 64 Reynard Florence Vineyard
  - 65 **Rider's Backfield Farm Beef**
  - 66 Roy's Orchard and Fruit Market
  - 67 Saddle Ridge Farm
  - 68 Sky Meadows State Park
  - 69 Smith Family Farm
  - 70 Stillhouse Distillery at Belmont Farm
  - 71 Stribling Orchard
  - 72 Sunrise Gardens
  - 73 The Farm at Sunnyside
  - 74 The Market at Grelen
  - 75 The Orchards at Valley View Farm
  - 76 Thornton River Orchard
  - 77 Three Fox Vineyards
  - 78 Walnut Hill Farm At Elm Spring LLC
  - 79 Warrenton Saturday Farmers Market
  - 80 Warrenton Wednesday Farmers Market
  - 81 Whiffletree Farm
  - 82 Whippoorwill Farm
  - 83 Wilevinton Farm
  - 84 Williams Orchard
  - 85 Willowlyn Farms Produce LLC
  - 86 Winding Road Cellars
- \* bold denotes guide sponsors

## FARMERS MARKETS

### CULPEPER

#### Culpeper Downtown Farmers Market brought to you by Culpeper Renaissance

Corner East Davis and Commerce Streets, Downtown Culpeper  
(540) 825-4416  
crievents@culpeperdowntown.com  
www.culpeperdowntown.com  
www.facebook.com/CulpeperFarmersMarket

May 4 - October 26, Saturdays  
7:30 AM - noon

### FAUQUIER

#### Archwood Green Barns Farmers' Market

4557 Old Tavern Rd, I-66 exit 31  
The Plains  
(540) 253-5289  
archwoodgreenbarn@gmail.com  
May through the Sunday before Thanksgiving, Sundays, 10 AM - 3 PM

#### Exit 40 Farmers' Market

Parking lot of Novant Health UVA Haymarket Medical Center  
15225 Heathcote Blvd, Haymarket  
(540) 316-1157  
elizabeth@farmtotablesolutions.com  
exit40farmersmarket.com  
May-October, Thursdays, 2 - 6 PM

#### Warrenton Saturday Farmers Market

Municipal Parking Lot  
Corner of Lee Street and Fifth Street  
Contact: Kelly Machen  
(540) 347-2405  
Planning@warrentonva.gov

www.warrentonva.gov/  
visitors/local\_attractions  
www.facebook.com/  
warrentonfarmersmarkets  
Saturdays, April 20 - November 23,  
8 AM - 12 PM

#### Warrenton Wednesday Farmers Market

WARF (Warrenton Aquatic and Recreation Facility)  
800 Waterloo Road  
Contact: Kelly Machen  
(540) 347-2405  
Planning@warrentonva.gov

www.warrentonva.gov/  
visitors/local\_attractions  
www.facebook.com/  
warrentonfarmersmarkets  
Wednesdays, May - September,  
8 AM - 1 PM

### MADISON

#### Madison County Farmers Market

Hoover Ridge Park on Fairgrounds Rd.  
(Next to Madison Primary School)  
Madison  
(540) 948-6881  
madfarmers13@gmail.com  
www.madisonfarmersmarket.info  
Find us on Facebook  
Saturdays May to October, 8 AM - noon

### ORANGE

#### Eastern Orange Farmers Market

Locust Grove Town Center,  
on the corner of Constitution  
Highway (Route 20) and Zoar  
Road (Route 611), 4 miles south of  
Germanna Highway (Route 3)  
Locust Grove  
Contact: Bobbi Collyer  
(434) 227-4561  
easternorangefarmersmarket  
@gmail.com  
easternorangefarmersmarket.  
blogspot.com  
Sundays, 8 AM - 2 PM, May through October

## FARMS

#### Hartland Natural Farm

444 Hartland Oak Drive  
Rapidan  
Jamie or Toki  
(540) 748-8277  
hartlandnaturalfarm@gmail.com  
www.hartland.edu  
Find us on Facebook

Sells on-site at greenhouse area  
Mon-Thurs 9 AM - 5 PM, Fri 9 AM - 12 PM,  
CSA, wholesale outlets, retailers,  
restaurants. call or text for details  
Seasonal Certified Naturally  
Grown produce

#### Hawk Hollow Greenhouse & Farm

1293 Oak Park Road  
Madison  
Harold & Susan Woodward  
(434) 942-8034  
hrwsaw@yahoo.com  
Sells at Farm Stand on Site,  
and at Forrest Lakes, Earlysville,  
Crozet, Greene County Farmers  
Markets, and at Stonefield  
Commons Farm Stand  
Fresh produce, duck and chicken eggs, honey

#### Kipps Grapes

6943 S. Blue Ridge Tpk  
Rochelle  
Kipps Family  
(540) 948-4171  
kippsgrapes@gmail.com  
www.kippsgrapes.com  
Pick Your Own on site  
Grapes (Concord and more), Limited  
Apples and Peaches, Homemade  
juice, jelly and jam, all from our own  
fruit. Homemade juice, jelly, jam,  
and sauce—all from our own fruit.

#### La Paysanne Farm

Orange  
Sarah Thionville  
(434) 760-4657  
lapaysannefarm@gmail.com  
www.facebook.com/lapaysannefarm  
Cabrito by reservation, Free Range Eggs,  
French Alpine Dairy Goats, and Herdshares

#### Landon Farm LLC

Jennifer  
(540) 923-4310  
runningcedar@hotmail.com  
www.facebook.com/LandonFarm  
Sells on-site by appt.  
Certified Animal Welfare Approved  
Pasture Pork, Chicken, Eggs and  
Dairy goats; Seasonal Produce

#### Madison Gardens

2705 S Seminole Trail  
Madison  
Ray and Marietta Shank  
(540) 948-4789  
madisongardens29@gmail.com  
Sells at Madison Gardens shop,  
Mon-Fri 10 AM-6 PM & Sat 10 AM-4 PM  
Seasonal Produce, Plants, Jam

#### Mary Ruth's Garden

2022 Repton Mill Road  
Aroda  
David & Mary Ruth Kipps  
(540) 718-1277  
dlk55mrk@gmail.com  
Sells on-site (call first), and at  
the Madison farmers market  
Baked Goods, Cut Flowers,  
Jams, and Tomatoes





### Fauquier County Agricultural Development Department

Support for the marketing,  
promotion & preservation of  
Fauquier County Agriculture

Mark your calendars for the  
Annual Fauquier Fall Farm Tour,  
October 12, 2019!



## FARMS

**Papa Weaver's Pork**    
346 Caves Ford Lane  
Orange

Tom Weaver  
(540) 672-1552  
papaweaverspork@gmail.com  
www.papaweaver.com

Sells at Farmers Markets (Madison and Spotsylvania Rt 3), Farm Clubs, Retailers, Wholesalers  
*All Natural Pork Sausage, Pork Chops, Baby Back Ribs, Loin Roasts, Bacon, All Natural Beef; Seasonal produce as available*

**Piedmont Pigworks**   
Madison

Thomas Hawes  
(703) 431-3123  
piedmontpigworks@protonmail.com  
Facebook: PiedmontPigs

Sells onsite by appt, scheduled delivery locally and to Northern Virginia

*Pasture-raised/grain supplemented Heritage Pork, Grass-fed Lamb*

**Rider's Backfield Farm Beef, LLC**    
6251 S. F.T. Valley Rd  
Etlan

Robin Rider  
(540) 923-4036  
ridersbackfieldfarmbeef@hughes.net  
www.ridersbackfieldfarmbeef.com  
Find us on Facebook

Sells at Madison County Farmer's Market (8-12 PM) May - Oct. as well as the Madison County Holiday Markets Nov. - Dec. and Winter Markets Jan.- March. Beef available at Ole Country Store in Culpeper, and at The Battlefield Country Store in Chancellorsville, Va near Fredericksburg, in addition to On Farm sales by appointment only on Saturdays 2-5 PM, to restaurants, retailers, and caterers.



*Frozen or Fresh, 100% "grass-fed/with grain" finished beef (never feedlot confined, no feed antibiotics, no growth hormones), Natural Soap from our beef tallow. Beef available also as quarters, halves and whole sides.*

**Spring Lake Farm**    
Madison

Jan Richter & Barry Siegel  
Leave a message at (540) 948-3272  
janisrichter@msn.com

Sells direct to consumer (phone or email), restaurants



*Hand Picked Pie Cherries, blueberries, Vegetables, Homemade Multigrain Bread, Cranberry or Cheese Scones*

**Sunrise Gardens**    
114 Sunrise Lane  
Brightwood

Margaret Hutcheson  
(540) 407-1424  
mfhutch3@vabb.com



Sells on-site (U-Pick) and Madison Farmers Market

*U-Pick, Spray-free Blueberries, Blackberries, and Tomatoes at the farm. Seasonal Vegetables and Herbal Products at the market*

**TurkeyCrest Farm**    
589 Lester Utz Lane  
Brightwood


Lyn Wills  
(540) 543-2469  
elwills@turkeycrest.com  
Turkeycrest.com

Sells on farm by appt  
*Grass-fed Beef Cattle, Free-range Hens, Honey Bees*

**Valentine's Bakery & Meats**    
1326 Locust Grove Church Road  
Orange

Valentine Miller, Jr.  
(540) 672-1296  
orders@valentinesbakeryandmeats.com

Sells on-site (call for appt); Mount Vernon, Annandale, McLean, Reston and Falls Church Farmers Markets, Restaurants and Retailers  
*AGA Certified Grass-Fed Beef, Pork, Lamb; Chickens; Eggs; Homemade Baked Goods*

**Wolf Creek Farm**   
4345 Wolfstown-Hood Road  
Madison

John Whiteside  
(540) 948-5574  
info@wolfcreekfarm.com  
www.wolfcreekfarm.com



Sells on-site by pre-order and scheduled pick-up, Greenwood Gourmet, Rebecca's Natural Foods, Yoder's County Market, local Charlottesville butcher J.M. Stock Provisions, and Specialty Grocers (see website)  
*Grass-Fed, Natural Beef Year Round, No Antibiotics or Growth Hormones, No Grain, Hay grown without Chemicals*

**Yowell Farms Fruit & Produce**    
6640 South F.T. Valley Road  
Etlan

yowelltl@dukes.jmu.edu

Sells on-site by appt only, and at Madison County Farmers Market and Greene Farmers Market. Call (540) 923-4414 for appointment (closed Sundays)  
*Seasonal produce/fruit, U-Pick blueberries (June-July)*

### ORANGE

**Edgewood Miller Farm**    
5291 Scuffletown Road  
Barboursville

Barbara Miller  
(917) 570-0155  
www.edgewoodmillerfarm.com  
www.facebook.com/edgewoodmillerfarm

Sells direct to individuals and local restaurants and wineries

*Organic Eggs, Seasonal Produce, Orchard Grass Hay—square bales*

**The Garden Patch**   
180 Caroline Street  
Orange

Jim Darnell  
zdarnell540@gmail.com

Sells on-site 7 days a week, 9 AM-6 PM

*Seasonal Vegetables, Herbs, Annuals, Perennials, and Vegetable Plants*

**Gold Hill Blueberry Farm**    
12290 Daffodil Lane  
Unionville

Dwight Boston  
(540) 222-7954  
Goldhill7@att.net

Check Facebook for days/hours  
*Blueberries (U-Pick) Chemical Free July & August; Grass-fed Angus beef. No growth hormones, antibiotics, steroids, and no pesticides for fly control. Paw Paw, Elderberry, and Persimmons.*

**Heaven's Hollow Farm**    
311 Locust Grove Church Road  
Orange

Jacob and Jennifer Gilley  
(540) 672-3677  
info@heavenshollowfarm.com  
www.heavenshollowfarm.com

Sells On-site (call ahead), Online Store with Shipping, Area Festivals, Local Independent Markets, and Delivery.

*Dry- Aged, Angus Beef (grass fed with supplemental local grains). Pork (outdoor access with supplemental local grains). Bulk shares and sampler packs (\$30-\$150) available. Pastured Eggs.*



## The Fresh Harvest

by Beth Miller-Herholtz

What if you could get locally sourced, fresh food delivered right to your door? And what if you could choose products from a variety of producers who use the most sustainable farming methods? And what if you knew that the products you chose were raised and grown by local farmers? If you're like me, you'd think you found a little bit of heaven on earth.

That's just what Matt Coyle and Dr. Jerry Engh have created in their new collaboration called The Fresh Harvest. When Matt started working at Dr. Engh's family farm, Lakota Ranch, he saw the difference eating food raised without using antibiotics, GMOs or grain made in his and his family's overall health. As a world-renown orthopedic surgeon who has also raised prize-winning Devon cattle for over 50 years, Dr. Engh has seen the benefits of good nutrition first hand, both in his patients and his own family. Together, they began to think how they could expand beyond the farmer's markets and help both local consumers and the local farming communities.

The Fresh Harvest began with 12 producers

and 100 products in April 2018. Today, the online hub has over 40 producers and 500 products and continues to expand! Matt leads the operation and has worked with his team and his producers to reduce food waste. Everything comes in and goes out on the same day. They do all that they can to ensure freshness and as Matt said, "to connect people with their farmer."

There's no subscription fee or minimum order. All you need to do is place your order online using their website (thefreshharvest.com) or app (The Fresh Harvest) by 11:59pm on Sundays. Each order is collected and coordinated in the early part of the week so that by Thursday, The Fresh Harvest team can package your selections and deliver the same day. All products have been picked, baked, and even juiced the day before delivery. You can also choose your preferred point of delivery: your own doorstep (no delivery fee for orders over \$150), or for free delivery at Powell Wellness Center in Culpeper and the WARF in Warrenton.

Local. Fresh. Delivered. That's a little bit of heaven on earth. That's The Fresh Harvest.

**Hunter's Harvest at Greenbow Run Farm**   
15188 Sassafras Lane  
Orange

Hunter & Angelia Tibbs  
(540) 623-4837 or (540) 406-1427  
myah99@hotmail.com

Sells at our farm, local farmer's markets and delivery by appointment  
*Seasonal Fresh Produce; Fresh homemade Apple Butter, Jams/Jellies*

**The Market at Grelen**    
P.O. Box 159 (mailing)  
15091 Yager Rd. (shipping)  
Somerset, VA 22972

Leslie Carter Gregg  
Owner & Creative Director  
Cell (434) 242-7356  
Shop (540) 672-7268  
info@themarketatgrelen.com  
www.themarketatgrelen.com  
Facebook & Instagram:  
Market at Grelen

Garden Shop, Trails & Cafe  
open March -December; Shop  
Hrs: Wednesday - Sunday 10 a.m. - 4 p.m.; Cafe Hrs. Wed - Fri 11:30-2:30 & Sat/Sun 11:30-3:30  
Nursery open year round.



*PYO Farm (seasonal): Blackberries, Raspberries (Red/Yellow/Black), Blueberries, Peaches & Apples.*

**Liberty Mills Farm**    
9166 Liberty Mills Road  
Somerset

Kent & Evie Woods  
(434) 882-6293  
info@libertymillsfarm.com  
www.libertymillsfarm.com

Sells Seasonally On-Site and at Farmers Markets. Please check website for details.

*Seasonal Produce, U-pick Strawberries, Fresh Flowers, Watermelons, Pumpkins, and 33 acre Fall Corn Maze*

**Miller Farms Market**    
12101 Orange Plank Road  
Locust Grove

JoAnn & Ben Miller  
(540) 850-5009  
info@millerfarmsmarket.com  
www.millerfarmsmarket.com

Sells on-site Monday-Saturday 9 AM-5 PM, pick your own, local restaurants, farm stands

*Local Produce, Berries, Beef, Pork, Lamb, Milk in Glass Bottles, Ice Cream, Cheese, Eggs, Strawberries (U-pick May), Blackberries (U-pick July), Pumpkins (U-pick Oct.), Christmas Trees (U-pick Nov., Dec.). CSA available.*

**Retreat Farm**    
7541 Retreat Farm Road  
Rapidan

Frank & Cindy Gillan  
(540) 672-5871

Sells by wholesale account and by appt at the farm

*Heritage Lamb, Asparagus, Berries, Eggs, Honey, Sheep Fiber*

**Timberwood Farm**    
8344 Wilderness Woods Lane  
Rhoadesville

Barbara Johnson  
(540) 854-4192  
barbara@timberwoodfarmandfiber.com  
www.timberwoodfarmandfiber.com

Sells onsite (call first) and online markets The Fresh Harvest & Seasonal Roots  
*Pasture-Raised, Heritage Breed Lamb & Pork, Free-Range Eggs*

### RAPPAHANNOCK

**Beahm Family Farm**    
36 Taylor Farm Lane  
Sperryville

Timothy Beahm  
(540) 905-0322  
beahmfamilyfarm@gmail.com  
beahmfamilyfarm.com

Sells By appointment only  
*Grassfed/Grassfinished Beef, Pastured Pork. Non-GMO feed; No antibiotics, dewormers, pesticides or hormones.*





## FARMS

### Belle Meade

353 FT Valley Road  
Sperryville

Susan Hoffman & Mike Biniek  
(540) 987-9748  
info@bellemeade.net  
www.bellemeade.net

Sells on-site, CSA

*Seasonal Produce, Culinary Herbs,  
Grass-Fed Beef, Pastured Poultry  
and Pork, Thanksgiving Turkeys,  
Eggs, and non-GMO feed.*

### Crowfoot Farm

3085 Indian Run Road  
Amissville

Kevin & Rachel Summers  
(540) 937-4490  
thecrowfootfarm@gmail.com  
www.crowfootfarm.com

On Farm Sales Mon-Sat 8 AM-7 PM

*Raw milk herd shares, Organic Eggs,  
Grassfed Beef, Honey, Heirloom Plants,  
Wool Products, and Handmade Soaps.*

### Dominion Star Natural Foods LLC

104 Winesap Lane  
Huntly

Clare & Tom Mansmann  
(540) 270-6573  
dominionstar@gmail.com

Direct Sales to Consumers  
(email) and to local restaurants

*Grass-Fed Wagyu Beef*

### The Farm at Sunnyside

27 Sweetwater Lane  
Washington

Stacey Carlberg  
(540) 675-9946  
stacey@thefarmatsunnyside.com  
www.thefarmatsunnyside.com

Sells locally at Rappahannock  
Farmers Market in Sperryville, VA.  
*Certified Organic Seasonal Vegetables,  
Apples, Blackberries, Eggs, Honey*

### F. T. Valley Farm at Mont Medi

403 F. T. Valley Road  
Sperryville

Algis and Kathy Penkiunas  
(703) 447-3220  
apenkiunas@aol.com

Sells by Pick Your Own,  
Online beef sales.

*PYO Apples and Peaches, Grass-fed/  
Grass-finished Beef*

### Kattle1 Beef

95 Crossmolina Farm Lane  
Washington

(540) 227-4845  
kurt@kattle1beef.com  
www.kattle1beef.com

Sells online with free delivery in  
Rappahannock County, surrounding  
counties free delivery \$100+  
orders, available as add-on at  
Waterpenny CSA, pop up burger  
stand at local vineyards and festivals  
with take home cuts available  
Middleburg barn market and  
Archwood Green Barn market  
*Grass fed, Grass finished Black Angus  
Beef, Grass fed, Grain finished Wagyu  
Beef, Cured Salamis, Dog Treats*

### Ladybug Mountain Farm

227 Fodderstack  
Washington

Michael J. McCormick  
(540) 675-1233  
michaelmccormick47@yahoo.com

Sells from the farm

*Peonies, calla lilies, gladiolas, zinnias.  
Spring garlic, rhubarb, rosemary,  
French tarragon, mints, and basil*

### Laughing Duck Apiary

Washington

Keith Rowand  
(540) 675-3725  
honey@laughingduckgardens.com  
www.LaughingDuckGardens.com

Sells honey through various  
retailers & by appointment. Other  
Products by appointment.

*Raw honey, honey, beeswax & beeswax  
candles, propolis (all from hives located  
solely in Rappahannock County), nucs  
in spring, jams, jellies & pickles.*

### Muskrat Haven Farm

20 Cedar Break Lane  
Amissville

Manfred & Etta Call  
(540) 937-5892 (farm),  
(540) 937-5191 (produce stand)

Sells on-site, U-pick, restaurants

*Seasonal Vegetables, Raspberries,  
Blueberries, Blackberries, Chicken,  
Beef, Turkey, Pheasant, Quail*

### Realty Farm

P.O. Box 335  
Washington

Teri Guevremont  
(540) 987-3192  
teri@realityfarminc.com  
www.realityfarminc.com

Sells on site (call for appointment),  
delivery available (contact us)

*Raw Milk Cow Shares, Free Range  
Eggs, Grass-Fed Beef, Free Range  
Broilers, Goat shares available*

### Rocky Run Farm

13439 Major Brown Dr.  
Sperryville

Doug Weaver  
(340) 690-4225  
rockyrunfarmva@gmail.com  
Facebook: Rocky Run  
Sustainable Farm

Products available daily  
by appointment. Honor  
farmstand in season.

*Fresh seasonal produce and herbs, Aged  
compost and square bales timothy/  
clover hay, U-pick or share gardening.*

### Roy's Orchard and Fruit Market

Route 612  
Sperryville

Roy & Janet Alther  
(540) 987-8636

Sells on-site year-round  
(daily, 8 AM-8 PM); Closes at 7 PM  
during late fall/winter months

*Seasonal Fruits & Vegetables,  
Meat, Free Range Eggs, Jellies,  
Jams, Pickles, and Dairy Products  
from Trickling Springs Dairy*

### St. Anthony's Farm

375 Seven Ponds Road  
Amissville

(540) 937-5797

Sells at the Saturday  
Warrenton Farmers Market

*Seasonal Produce, Homemade Jams*

### Touchstone Farm

140 Touchstone Lane  
Amissville

Alan Zuschlag  
alan@touchstonefarm.org  
www.touchstonefarm.org

See website for ordering information

*Grass-Fed Lamb (Custom Cut,  
Individual Cuts & Packages) and  
variety of lamb sausage*

### Waterpenny Farm

53 Waterpenny Lane  
Sperryville

Rachel Bynum & Eric Plaksin  
(540) 987-8567  
waterpenny@verizon.net  
www.waterpennyfarm.com  
Facebook & Instagram  
@ waterpennyfarm

CSA (Pick ups in Arlington,  
Falls Church, Warrenton, and  
on-Farm), on-farm stand,  
Farmers Markets: Arlington  
Courthouse and Takoma Park

*Seasonal Produce, Spring  
Plants, Eggs, Flowers*

### Whippoorwill Farm

220 Whipperwill Lane  
Washington

Jenna Brownell and  
Blake Brown  
(540) 522-0456  
dominiondeck@msn.com  
www.whippoorwillfarmtotable.com

Sells by appt, CSA and at farm stand  
on Fridays 3-6 PM, May 25-Nov 9

*Seasonal Veggies, Eggs, Beef cuts,  
Pork cuts, Herbs, Vegetable Plants,  
Locally Produced Artisan Products*

### Wild Roots Apothecary

4 River Lane  
Sperryville

(703) 598-2837  
hello@wildrootsapothecary.com  
www.wildrootsapothecary.com

A modern apothecary for  
alchemy. CSA starting this May.

*Including bulk herbs, local herbal plants  
for your gardens, herbal classes, great  
natural herbal products along with our  
custom blended product line. To stay up  
to date with our current happenings sign  
up for our mailing list at our website.*

### Windsong Apiaries

120 Mill Run Lane  
Castleton

Bob Wellemeyer  
beeswax7@wildblue.net

Sells by wholesale to local retailers  
& orchard stores, Farmers Markets  
*Pollination, Varietal Extracted & Comb  
Honey from VA & Mid-Atlantic Region,  
Pkg. Bees, Queens, Nucs, Beeswax Candles*

## ORCHARDS

### FAUQUIER

#### Hartland Orchard

3064 Hartland Lane  
Markham

(540) 364-2316  
www.hartlandorchard.com

Sells on-site through U-pick  
(mid-May-October 9 AM-5 PM,  
call for updates)

*Strawberries, Raspberries, Cherries,  
Blueberries, Peaches, Apples,  
Pumpkins, Cider, Honey, Apple*

#### Hollin Farms

1408 Snowden Road  
Delaplane

Located next to Sky Meadows  
State Park

Matt Davenport  
(540) 592-3574  
hollinfarms@gmail.com  
www.hollinfarms.com

Beef sold online, U-Pick May-

October, Wed-Sun 9 AM-4 PM

*Seasonal Vegetables, Apricots, Plums,  
Peaches, Cherries, Strawberries,  
Apples, Berries, Pumpkins, Beef*

#### The Orchards at Valley View Farm

1562 Leeds Manor Road  
Delaplane

Philip Carter Strother  
(540) 592-3730  
info@valleyviewva.com  
www.valleyviewva.com

Sell on-site when seasonably available

*Cherries, Blueberries, Peaches, Apples,  
Pears, Blackberries, Garden Vegetables,  
Free-Range Chickens & Eggs (limited)*

#### Stribling Orchard

11587 Poverty Hollow Lane  
Markham

Rob & Stacia Stribling  
(540) 364-3040  
info@striblingorchard.com  
www.striblingorchard.com

Sells on-site late July-early Nov,  
Tues-Sun 9 AM-5 PM

*Apples, Peaches, Pears, Nectarines,  
Pumpkins, Honey, Jams and Jellies  
(on-line year-round), Bakery & Shop*

### MADISON

#### Graves Mountain Farm

205 Graves Mountain Lane  
Syria

Lynn Graves  
(540) 923-4231  
info@gravesmountain.com  
www.gravesmountain.com

Sells on-site (weekends  
July-Nov) and online

*Apples, Peaches, Pears,  
Pumpkins, Gourds, Apple Butter,  
Various Jams & Jellies*

### Quaker Run Orchard

1654 Quaker Run Road  
Madison

Tom & Debi Flynn  
www.quakerrunfarms.com

Sells on-site last weekend in  
September thru October, Saturdays  
10 AM-5 PM & Sundays 12-5 PM

*A variety of apples and Asian pears*

### RAPPAHANNOCK

#### Jenkins' Orchard

355 Yancey Road  
Woodville

James Jenkins  
(540) 987-8192

Sells on-site at Fruit Shed (mid-July  
through mid-Dec, 9 AM-6 PM)

*Apples, Pears, Cherries, Plums,  
Peaches, Nectarines, Blackberries,  
Tomatoes, Pumpkins*

#### Lee's Orchard

65 Orchard Lane  
Washington

Bryant and Brittney Lee  
(540) 675-3201

Sells on-site 9 AM-5 PM,  
Monday-Sunday

*Apples, Cider, Apple Butter*

#### Roy's Orchard and Fruit Market

Route 612  
Sperryville

Roy & Janet Alther  
(540) 987-8636

Sells on-site year-round (daily,  
8 AM-8 PM); Closes at 7 PM during  
late fall/winter months

*Seasonal Fruits & Vegetables, Meat, Free  
Range Eggs, Jellies, Jams, Pickles, and  
Dairy Products from Trickling Springs Dairy*

#### Thornton River Orchard & Market

11587 Lee Highway  
Sperryville

Allen Clark  
thorntonriverorchard@gmail.com  
thorntonriverorchard.com

Sells on-site, 7 days a week July -  
early December 9 AM - 6 PM

Find us on Facebook & Instagram  
*Apples, peaches, nectarines, cherries,  
cider, local honey, assorted jams & jellies,  
other garden fresh vegetables per season*

#### Williams Orchard

3 Williams Farm Lane  
Flint Hill

Eddy & Karen Williams  
(540) 675-3765  
kwwilliams2@aol.com  
Find us on Facebook

Sells on-site (early July  
- mid November)

*Beef, Apples, Peaches,  
Cider, Produce*



CULPEPER HARVEST DAYS

FARM  
TOUR

Saturday, September 21<sup>st</sup> & Sunday, September 22<sup>nd</sup>, 2019  
10 AM until 4 PM

Visit our website to learn more:

[www.culpeperfarmtour.com](http://www.culpeperfarmtour.com)

Interested in adding your  
local farm or food business  
to this guide?

Visit [www.buylocalvirginia.org](http://www.buylocalvirginia.org)!







## VINEYARDS

### CULPEPER

**Belmont Farm Distillery**  
13490 Cedar Run Road, Culpeper  
Jeanette and Chuck Miller  
(540) 825-3207  
www.belmontfarmdistillery.com

### FAUQUIER

**Arterra Wines & Hawkmoth Arts**  
1808 Leeds Manor Road, Delaplane  
Jason Murray  
(540) 422-3443  
www.artterrawines.com

### Aspen Dale Winery at The Barn

3180 Aspen Dale Lane, Delaplane  
GPS: 11083 John Marshall Highway  
Larry & Kelly Carr  
(540) 364-1722  
www.aspendalewinery.com

### Barrel Oak Winery

3623 Grove Lane, Delaplane  
Brian & Sharon Roeder  
(540) 364-6402  
www.barreloak.com

### Cobbler Mountain Cellars

5909 Long Fall Lane, Delaplane  
GPS: 10363 Moreland Road  
(540) 364-2802  
www.cobblermountain.com

### Delaplane Cellars

2187 Winchester Road, Delaplane  
Jim & Betsy Dolphin  
(540) 592-7210  
www.delaplanecellars.com

### Desert Rose Ranch & Winery

13726 Hume Rd., Hume  
Melissa Hughes  
(540) 635-3200  
www.desertrosewinery.com

### Granite Heights Winery

8141 Opal Road, Warrenton  
Toni C. Kilyk  
(540) 349-5185  
www.gh.wine

### Linden Vineyards

3708 Harrels Corner Road, Linden  
J.M. Law  
(540) 364-1997  
www.lindenvineyards.com

### Mediterranean Cellars

8295 Falcon Glen Road  
Warrenton  
Louizos Papadopoulos  
(540) 428-1984  
www.mediterraneancellars.com

### Miracle Valley Vineyard

3661 Double J Lane, Delaplane  
Joe & Mary Ann Cunningham  
(540) 364-0228  
www.miraclevalleyvineyard.com

### Naked Mountain Winery and Vineyards

2747 Leeds Manor Road, Markham  
(540) 364-1609  
www.nakedmountainwinery.com

### Old Bust Head Brewing Company

7134 Farm Station Road, Vint Hill  
Jaimis Huff  
(540) 347-4777  
www.oldbusthead.com  
Facebook @oldbusthead

### Pearmund Cellars

6190 Georgetown Road, Broad Run  
Chris Pearmund  
(540) 347-3475  
www.pearmundcellars.com  
Facebook @pearmundcellars

### Philip Carter Winery

4366 Stillhouse Road, Hume  
Philip Carter Strother  
(540) 364-1203  
www.pcwinery.com

### Three Fox Vineyards

10100 Three Fox Lane, Delaplane  
Holli and John Todhunter  
(540) 364-6073  
www.threefoxvineyards.com

### Winding Road Cellars

4289 Leeds Manor Road, Markham  
Scott and Linda Culver  
(540) 364-1025  
www.windingroadcellars.com

### MADISON

### Castle Gruen Vineyards and Winery

1272 Meander Run Road, Locust Dale  
Dean & Jeanne Gruenburg  
(540) 229-2498  
Facebook @CastleGruenWinery

### DuCard Vineyard

40 Gibson Hollow Lane, Etlan  
Scott Elliff  
(540) 923-4206  
www.ducardvineyards.com

### Prince Michel Vineyards and Winery

154 Winery Lane, Leon  
Kristin Easter  
(540) 547-3707  
www.princemichel.com

### Revaluation Vineyard

2710 Hebron Valley Road, Madison  
Francoise Seillier-Moiseiwitsch  
francoise@revaluationvineyard.com  
(540) 407-1236  
revaluationvineyard.com

### ORANGE

### Barboursville Vineyards

17655 Winery Road, Barboursville  
(540) 832-3824  
www.bbvwine.com

### Berrywood at Honah Lee Vineyard

13443 Honah Lee Farm Drive,  
Gordonsville  
(540) 406-1313  
berrywoodcrafters@yahoo.com  
www.berrywoodcrafters.com  
Sells on-site (Mon-Thurs 12-5 PM,  
Fri-Sat 11 AM-6 PM, Sun 12-5 by appt)  
*Wine & Wine Tasting, Bakery, Jams*

### Burnley Vineyards

4500 Winery Lane, Barboursville  
(434) 960-4411  
www.burnleywines.com

### Horton Vineyards

6399 Spotswood Trail, Gordonsville  
Joan Bidea and Dennis Horton  
(540) 832-7440  
www.hortonwine.com

### Reynard Florence Vineyard

16109 Burnley Road, Barboursville  
Roe Allison  
(540) 832-3895 / (434) 962-1849  
www.reynardflorence.com

### RAPPAHANNOCK

### Copper Fox Distillery

9 River Lane, Sperryville  
Rick Wasmund  
(540) 987-8554  
www.copperfox.com

### Gadino Cellars

92 Schoolhouse Road, Washington  
(540) 987-9292  
www.gadinocellars.com

### Gray Ghost Vineyards

14706 Lee Highway, Amisville  
The Kellert Family  
(540) 937-4869  
www.grayghostvineyards.com

### Magnolia Vineyards and Winery

200 Viewtown Road, Amisville  
Glenn & Tina Marchione  
(703) 785-8190  
www.magnoliavineyards.com

### Narmada Winery

43 Narmada Lane, Amisville  
Mary Ann Dancisin  
(540) 937-8215  
www.narmadawinery.com

### Rappahannock Cellars

14437 Hume Road, Huntly  
Kelly Knight  
(540) 635-9398  
www.rappahannockcellars.com

## RETAILERS

### CULPEPER

### Calhouns Ham House and Country Deli

211 South East St, Culpeper  
540-825-8319  
calhounshamhouse@yahoo.com  
calhounhams.com  
Facebook: Calhoun's Ham House

### Culpeper Cheese Company

P.O. Box # 2082  
Culpeper, Virginia 22701  
www.culpepercheese.com

### It's About Thyme/The Copper Fish

128 E. Davis Street, Culpeper  
(540) 825-4264  
www.thymeinfo.com/  
its-about-thyme

### FAUQUIER

### Buckland Farm Market

4484 Lee Hwy, New Baltimore  
(540) 341-4739  
www.bucklandfarmmarket.com

### Gentle Harvest

8372 West Main Street  
Marshall  
(540) 837-4405  
info@gentleharvest.com  
www.gentleharvest.com

### Moo Thru Ice Cream

11402 James Madison Highway,  
Remington  
(540) 439-6455  
www.moothru.com

### Natural Marketplace

5 Diagonal St, Warrenton  
(540) 349-4111  
(540) 349-4110 (deli)  
www.thenaturalmarketplace.com

### Red Truck Bakery and Market

*Two locations!*  
22 Waterloo Street, Warrenton  
(540) 347-2224  
8368 W. Main St., Marshall Va  
540-364-BAKE  
www.redtruckbakery.com

### The Whole Ox

8357 West Main St, Marshall  
(540) 724-1650  
www.thewholeox.com

### MADISON

### The Little Country Store

5338 South F.T. Valley Road, Etlan  
(540) 683-8004  
www.tlcs-bbq.com

### Yoder's Country Market Inc.

2105 S Seminole Trail, Madison  
(540) 948-3000  
www.yoderscountrymarket.net  
*\*And café!*

### RAPPAHANNOCK

### Beech Spring Gift Shop/Farmer's Market

11600 Lee Hwy, Sperryville 22740  
(540) 987-8704  
beechspringgiftshop@verizon.net  
Facebook-Beech Spring Gift Shop

The 2019 **Rappahannock Farm Tour** is September 28<sup>th</sup> & 29<sup>th</sup> from 11 AM to 5 PM both days. Come explore Rappahannock on this free, self-guided tour of our working farms.

For more information, visit: [www.RappFarmTour.org](http://www.RappFarmTour.org)



## RESTAURANTS/CATERERS

### CULPEPER

### Foti's Restaurant

110 East Davis St., Culpeper  
(540) 829-8400  
www.fotisrestaurant.com

### It's About Thyme/Thyme Market/The Copper Fish

128 East Davis Street, Culpeper  
(540) 825-4264  
www.thymeinfo.com/  
its-about-thyme

### Raven's Nest Coffee House

215 E. Davis St., Culpeper  
(540) 827-4185  
ravensnestcoffeehouse.com

### FAUQUIER

### The Ashby Inn & Restaurant

692 Federal Street, Paris  
(540) 592-3900  
www.ashbyinn.com

### Black Bear Bistro & Cellar

32 Main Street, Warrenton  
(540) 428-1005  
www.blackbearbistro.com

*Restaurant and Catering*



### Bluewater Kitchen: Boutique Catering & Events

8549 John Mosby Highway, Upperville  
(703) 628-2583  
www.bwkitchen.com

### Claire's at the Depot

65 South 3rd Street, Warrenton  
(540) 351-1616  
www.claresrestaurant.com  
*Restaurant and Catering*

### Field & Main Restaurant

8369 W. Main Street, Marshall  
(540) 364-8166  
info@fieldandmainrestaurant.com  
www.fieldandmainrestaurant.com

### Girasole

4244 Loudoun Ave, The Plains  
(540) 253-5501  
www.girasoleva.com  
*Restaurant and Catering*

### Hunters Head Tavern

9048 John Mosby Hwy, Upperville  
(540) 592-9020  
www.huntersheadtavern.com

### Poplar Springs

5025 Casanova Road, Warrenton  
(540) 788-3486  
www.poplarspringsmanor.com  
Facebook @poplarspringsmanor

### MADISON

### Inn at Meander Plantation

2333 N. James Madison Hwy,  
Locust Dale  
(540) 672-4912  
www.innatmeander.com

### ORANGE

### The Generals Quarters Restaurant

32345 Constitution Hwy, Locust Grove  
(540) 854-4800  
www.generalsquartersrestaurant.com

### The Light Well

110 East Main Street, Orange  
(540) 661-0004  
www.thelightwell.com

### Palladio Restaurant at Barboursville Vineyards

17655 Winery Road, Barboursville  
(540) 832-7848  
www.bbvwine.com  
*Restaurant, Cooking Classes*

### Real Food

12267 Old Gordonsville Rd, Orange  
(540) 661-7261  
www.realfoodva.com  
*Restaurant and Catering*

### Roadside Chive

323 North Madison Road, Suite H,  
Orange  
(540) 308-7500  
www.roadsidechive.com

*Catering*

### RAPPAHANNOCK

### Before & After Espresso Café and Wine Bar

31 Main St., Sperryville  
(540) 987-8392  
www.beforeandaftersperryville.com

### The Inn at Little Washington

Middle and Main Streets  
Washington  
(540) 675-3800  
www.theinnatlittlewashington.com/  
restaurant.shtml

### Laughing Duck Gardens & Cookery

Washington  
(540) 675-3725  
www.LaughingDuckGardens.com  
*Catering, Personal Chef Services,  
Cookery Workshops*

### Thornton River Grille

3710 Sperryville Pike, Sperryville  
(540) 987-8790  
www.thorntonrivergrille.com





Photo by Peter Huijk

## 2019 Regional Events

Visit [www.pecva.org/events](http://www.pecva.org/events) for more information on regional events throughout the year!

<b>Loudoun Farm Tour</b> May 18-19	<b>Loudoun County Fair</b> July 23-28	<b>PEC Annual Meeting</b> Fall 2019 (date TBD)
<b>PEC Sunset Safari: The Final Year of Summer Safari</b> June 8	<b>Albemarle County Fair</b> July 25-27	<b>State Fair of Virginia</b> September 27-October 6
<b>Orange County Fair</b> June 19-22	<b>Taste of the Mountains</b> August 31	<b>Rappahannock County Farm Tour</b> September 28-29
<b>Madison County Fair</b> July 17-20	<b>Culpeper Farm Tour</b> September 21-22	<b>Fall Fiber Festival</b> October 5-6
<b>Charlottesville Restaurant Week</b> July 13-20	<b>Heritage Harvest Festival</b> September 21	<b>Fauquier Farm Tour</b> October 12

## Time to plant your garden!



Order seeds through Southern Exposure Seed Exchange and support PEC. Thirty percent of the proceeds go to our *Buy Fresh Buy Local* program when you purchase these seed packages:

- **Welcome-to-the-Garden Pollinator Collection:** Support your pollinators with this special collection of 12 old-fashioned single-blossomed heirloom, open-pollinated flowers and herbs.
- **Virginia Heritage Seed Collection:** A specially priced collection of 12 varieties rich in flavor and history, all associated with Virginia and the Appalachians.

Visit [www.southernexposure.com](http://www.southernexposure.com)



The freshest option in farm financing!



**FARM CREDIT**

NMLS #456965

800.919.FARM | [FarmCreditofVirginias.com](http://FarmCreditofVirginias.com)

## SPONSORS

This guide is funded by the generosity of our local community. A heartfelt thank you to our 2019 Northern Piedmont *Buy Fresh Buy Local* sponsors!

Interested in becoming a sponsor? Contact [bfbl@pecva.org](mailto:bfbl@pecva.org) to get more information.

### Community Sponsors

#### HERITAGE SPONSOR



**PATH FOUNDATION**

[www.pathforyou.org](http://www.pathforyou.org)

#### CONSERVATION SPONSOR



[www.rrregion.org](http://www.rrregion.org)

#### SUSTAINABILITY SPONSOR

**Wegmans**

[www.wegmans.com](http://www.wegmans.com)

#### HARVEST SPONSOR



[www.citizensforfauquier.org](http://www.citizensforfauquier.org)

### Local Food Industry

#### TOP OF THE CROP SPONSORS



Fauquier County Agricultural Development Department  
[www.fauquierag.com](http://www.fauquierag.com)



**FARM CREDIT**

[www.farmcreditofvirginias.com](http://www.farmcreditofvirginias.com)

CULPEPER HARVEST DAYS



September 21-22, 10 AM-4 PM

[www.culpeperfarmtour.com](http://www.culpeperfarmtour.com)

#### 24-CARROT SPONSOR

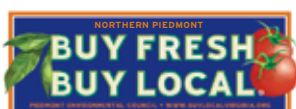


[www.RappFarmTour.org](http://www.RappFarmTour.org)

#### HEALTHY HARVEST SPONSOR

Rider's Backfield Farm Beef

[www.ridersbackfieldfarmbeef.com](http://www.ridersbackfieldfarmbeef.com)



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The developers of this guide do not have the capacity to independently verify all of the information presented here. Contributors to the guide are responsible for its content.

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